



MENÚ

JUNIO 2026

YAGO SCHOOL NURSERY

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

01

MACARRONES BOLOÑESA
 BACALAO AL HORNO EN PIPERRADA (PIMIENTO, CEBOLLA, TOMATE)
 COLIFLOR SALTEADA
 FRUTA FRESCA
 PAN INTEGRAL

Kcal: 586,192 Prot (g): 28,616 Lip (g): 15,374 HC (g): 78,787

08

MACARRONES INTEGRALES AGLIO-OLIO CON PAVO Y CEBOLLINO
 GALLO A LA ROTEÑA
 ENSALADA DE COL
 YOGUR
 PAN INTEGRAL

Kcal: 516,722 Prot (g): 30,893 Lip (g): 15,341 HC (g): 60,072

15

CODITOS CON CREMA SUAVE DE BECHAMEL
 SALMÓN AL HORNO CON AJO Y PEREJIL
 ENSALADA DE LECHUGA, REMOLACHA RALLADA Y MAÍZ
 YOGUR NATURAL CON TOPPING
 PAN INTEGRAL

Kcal: 681,956 Prot (g): 28,649 Lip (g): 27,74 HC (g): 77,179

22

MACARRONES CON TOMATE
 GALLO SAN PEDRO A LA SICILIANA
 CALABAZA ASADA
 FRUTA FRESCA
 PAN INTEGRAL

Kcal: 515,103 Prot (g): 22,89 Lip (g): 11,734 HC (g): 75,725

29

MACARRONES NAPOLITANA
 TORTILLA FRANCESA
 PANACHÉ DE VERDURAS
 FRUTA FRESCA
 PAN INTEGRAL

Kcal: 553,064 Prot (g): 23,08 Lip (g): 15,918 HC (g): 79,698

02

ALUBIAS ESTOFADAS CON ACELGAS
 POLLO AL LIMÓN
 PATATAS PROVENZAL CON AJO Y TOMILLO
 FRUTA FRESCA
 PAN BLANCO

Kcal: 623,978 Prot (g): 32,365 Lip (g): 19,196 HC (g): 72,165

09

LENTEJAS CON ZANAHORIA Y SOFRITO DE PIMIENTOS CASERO
 TORTILLA FRANCESA HORNO
 ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA
 FRUTA FRESCA
 PAN BLANCO

Kcal: 506,399 Prot (g): 25,648 Lip (g): 15,802 HC (g): 64,762

16

GAZPACHO
 TORTILLA FRANCESA HORNO
 ENSALADA DE LECHUGA, TOMATE Y ZANAHORIA
 FRUTA FRESCA
 PAN BLANCO

Kcal: 396,531 Prot (g): 17,404 Lip (g): 15,484 HC (g): 47,837

23

GUISO DE LENTEJAS CON ZANAHORIA, PIMIENTO Y CEBOLLA
 POLLO GUISADO AL CHILINDRÓN
 ENSALADA DE JUDÍA VERDE
 FRUTA FRESCA
 PAN BLANCO

Kcal: 580,842 Prot (g): 33,37 Lip (g): 19,333 HC (g): 62,877

30

LENTEJAS ESTOFADAS
 LOMO AL HORNO
 ENSALADA DE LECHUGA, LOMBARDA Y PASAS
 FRUTA FRESCA
 PAN BLANCO

Kcal: 553,519 Prot (g): 34,134 Lip (g): 18,708 HC (g): 57,319

03

ARROZ FRITO CON YORK
 MERLUZA AL HORNO
 TOMATE ALIÑADO
 FRUTA FRESCA
 PAN BLANCO

Kcal: 511,857 Prot (g): 21,619 Lip (g): 11,661 HC (g): 78,507

10

ARROZ CON TOMATE
 CINTA DE LOMO AL HORNO
 CALABACÍN ASADO
 FRUTA FRESCA
 PAN BLANCO

Kcal: 594,157 Prot (g): 28,159 Lip (g): 17,448 HC (g): 78,756

17

PISTO MANCHEGO CON HUEVO
 POLLO ASADO EN SALSA DE PASAS Y ALMENDRAS
 ENSALADA DE LECHUGA, MAIZ Y ACEITUNAS
 FRUTA FRESCA
 PAN BLANCO

Kcal: 711,618 Prot (g): 35,763 Lip (g): 35,635 HC (g): 57,994

24

GAZPACHO CASERO
 TORTILLA DE PATATAS
 ENSALADA MIXTA
 YOGUR
 PLAN BLANCO

Kcal: 601,962 Prot (g): 24,787 Lip (g): 36,396 HC (g): 41,57

04

LENTEJAS CON ZANAHORIA Y SOFRITO DE PIMIENTOS CASERO
 CINTA DE LOMO ASADA
 ENSALADA MIXTA
 YOGUR NATURAL CON TOPPING
 PAN BLANCO

Kcal: 628,594 Prot (g): 40,699 Lip (g): 24,445 HC (g): 57,364

11

ESTOFADO DE PATATAS CON CARNE
 MERLUZA EN SALSA VERDE
 ENSALADA DE TOMATE
 FRUTA FRESCA
 PAN BLANCO

Kcal: 516,111 Prot (g): 23,759 Lip (g): 14,345 HC (g): 68,094

18

ARROZ TRES DELICIAS CON SALSA DE SOJA
 CARRILLADA EN SALSA
 REPOLLO ESTILO KIMCHI
 FRUTA FRESCA
 PAN BLANCO

Kcal: 410,509 Prot (g): 27,015 Lip (g): 15,189 HC (g): 37,146

25

ARROZ CON TOMATE
 MERLUZA AL HORNO
 ENSALADA DE MAR
 FRUTA FRESCA
 PAN BLANCO

Kcal: 506,254 Prot (g): 20,562 Lip (g): 11,022 HC (g): 78,766

05

SALMOREJO CASERO
 TORTILLA DE PATATAS
 ENSALADA DE LECHUGA, ZANAHORIA Y REMOLACHA
 FRUTA FRESCA
 PAN BLANCO

Kcal: 541,296 Prot (g): 14,412 Lip (g): 19,787 HC (g): 70,285

12

SALMOREJO CASERO
 CALDERETA DE POLLO (TOMATE, ZANAHORIA, PIMIENTO)
 PATATAS AL VAPOR CON SOFRITO DE AJOS
 FRUTA FRESCA
 PAN BLANCO

Kcal: 500,044 Prot (g): 36,663 Lip (g): 12,778 HC (g): 56,004

19

SOPA CASERA DE AVE CON GARBANZOS
 ESTOFADO DE MAGRO EN SALSA
 PATATA PANADERA AL HORNO
 FRUTA FRESCA
 PAN BLANCO

Kcal: 596,458 Prot (g): 33,042 Lip (g): 16,405 HC (g): 72,931

26

SALMOREJO
 JAMONCITOS DE POLLO ASADOS
 PATATAS ASADAS AL TOMILLO LIMÓN
 FRUTA FRESCA
 PAN BLANCO

Kcal: 607,488 Prot (g): 31,803 Lip (g): 22,076 HC (g): 66,401



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JUNE 2026

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01

MACARONI BOLOGNESE
 BAKED COD IN PIPERRADA (PEPPER, ONION, TOMATO)
 SAUTÉED CAULIFLOWER
 FRESH FRUIT
 WHOLEMALE BREAD

Kcal: 586,192 Prot (g): 28,616 Lip (g): 15,374 HC (g): 78,787

08

MACARONI AGLIO-OLIO WITH TURKEY AND CHIVES
 MEGRIM IN SAUCE
 COLESLAW
 YOGURT
 WHOLEMALE BREAD

Kcal: 516,722 Prot (g): 30,893 Lip (g): 15,341 HC (g): 60,072

15

PASTA WITH LIGHT BECHAMEL SAUCE
 BAKED SALMON WITH GARLIC AND PARSLEY
 LETTUCE, SHREDDED BEETROOT AND CORN SALAD
 YOGURT WITH TOPPING
 WHOLEMALE BREAD

Kcal: 681,956 Prot (g): 28,649 Lip (g): 27,74 HC (g): 77,179

22

MACARONI IN TOMATO SAUCE
 MEGRIM IN SAUCE
 ROASTED PUMPKIN
 FRESH FRUIT
 WHOLEMALE BREAD

Kcal: 515,103 Prot (g): 22,89 Lip (g): 11,734 HC (g): 75,725

29

MACARONI IN NEAPOLITAN SAUCE
 FRENCH OMELET
 VEGETABLES PANACHE
 FRESH FRUIT
 WHOLEMALE BREAD

Kcal: 553,064 Prot (g): 23,08 Lip (g): 15,918 HC (g): 79,698

02

STEWED BEANS WITH CHARD
 LEMON CHICKEN
 ROASTED POTATOES WITH GARLIC AND THYME
 FRESH FRUIT
 FRESH BREAD

Kcal: 623,978 Prot (g): 32,365 Lip (g): 19,196 HC (g): 72,165

09

LENTILS WITH CARROT AND HOMEMADE SAUTÉED PEPPERS
 FRENCH OMELETTE
 LETTUCE, CORN AND CARROT SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 506,399 Prot (g): 25,648 Lip (g): 15,802 HC (g): 64,762

16

HOMEMADE GAZPACHO
 FRENCH OMELETTE
 LETTUCE, TOMATO AND CARROT SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 396,531 Prot (g): 17,404 Lip (g): 15,484 HC (g): 47,837

23

LENTILS WITH CARROT PEPPERS AND ONION
 CHICKEN IN SAUCE
 GREEN BEANS SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 580,842 Prot (g): 33,37 Lip (g): 19,333 HC (g): 62,877

30

STEWED LENTILS
 BAKED PORK LOIN
 LETTUCE, RED CABBAGE, AND RAISIN SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 553,519 Prot (g): 34,134 Lip (g): 18,708 HC (g): 57,319

03

FRIED RICE WITH COOKED HAM
 BAKED HAKE
 SEASONED TOMATOES
 FRESH FRUIT
 FRESH BREAD

Kcal: 511,857 Prot (g): 21,619 Lip (g): 11,661 HC (g): 78,507

10

RICE IN TOMATO SAUCE
 BAKED PORK LOIN
 ROASTED ZUCCHINI
 FRESH FRUIT
 FRESH BREAD

Kcal: 594,157 Prot (g): 28,159 Lip (g): 17,448 HC (g): 78,756

17

PISTO MANCHEGO (TRADITIONAL VEGETABLE STEW) WITH EGG
 ROAST CHICKEN IN RAISIN AND ALMOND SAUCE
 LETTUCE, CORN AND OLIVE SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 711,618 Prot (g): 35,763 Lip (g): 35,635 HC (g): 57,994

24

HOMEMADE GAZPACHO
 SPANISH OMELET
 MIXED SALAD
 YOGURT
 FRESH BREAD

Kcal: 601,962 Prot (g): 24,787 Lip (g): 36,396 HC (g): 41,57

04

LENTILS WITH CARROT AND HOMEMADE SAUTÉED PEPPERS
 ROASTED PORK LOIN
 MIXED SALAD
 YOGURT WITH TOPPING
 FRESH BREAD

Kcal: 628,594 Prot (g): 40,699 Lip (g): 24,445 HC (g): 57,364

11

POTATO STEW WITH PORK
 HAKE IN GREEN SAUCE
 TOMATO SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 516,111 Prot (g): 23,759 Lip (g): 14,345 HC (g): 68,094

18

THREE-DELIGHTS FRIED RICE WITH SOY SAUCE
 PORK CHEEK IN SAUCE
 KIMCHI-STYLE CABBAGE
 FRESH FRUIT
 FRESH BREAD

Kcal: 410,509 Prot (g): 27,015 Lip (g): 15,189 HC (g): 37,146

25

RICE IN TOMATO SAUCE
 BAKED HAKE
 SEAFOOD SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 506,254 Prot (g): 20,562 Lip (g): 11,022 HC (g): 78,766

05

HOMEMADE SALMOREJO (CHILLED TOMATO SOUP)
 SPANISH OMELET
 LETTUCE, CARROT AND BEETROOT SALAD
 FRESH FRUIT
 FRESH BREAD

Kcal: 541,296 Prot (g): 14,412 Lip (g): 19,787 HC (g): 70,285

12

HOMEMADE SALMOREJO
 CHICKEN STEW (TOMATO, CARROT PEPPER)
 STEAMED POTATOES WITH SAUTEED GARLIC
 FRESH FRUIT
 FRESH BREAD

Kcal: 500,044 Prot (g): 36,663 Lip (g): 12,778 HC (g): 56,004

19

HOMEMADE CHICKEN SOUP WITH CHICKPEAS
 PORK STEW IN SAUCE
 BAKED PANADERA POTATOES
 FRESH FRUIT
 FRESH BREAD

Kcal: 596,458 Prot (g): 33,042 Lip (g): 16,405 HC (g): 72,931

26

HOMEMADE SALMOREJO
 ROASTED CHICKEN LEGS
 ROASTED POTATOES
 FRESH FRUIT
 FRESH BREAD

Kcal: 607,488 Prot (g): 31,803 Lip (g): 22,076 HC (g): 66,401