



# MENÚ

ABRIL 2026

YAGO SCHOOL NURSERY

## LUNES

## MARTES

## MIÉRCOLES

## JUEVES

## VIERNES

06

MACARRONES BOLOÑESA  
MERLUZA EN SALSA VERDE

COLIFLOR SALTEADA

FRUTA FRESCA  
PAN INTEGRAL

624,88 Kcal 32,02 Prot. 16,49 Lip. 80,87 HC

07

ALUBIAS CON ACELGAS  
POLLO AL LIMÓN

PATATAS ASADAS

FRUTA FRESCA  
PAN BLANCO

680,25 Kcal 35,83 Prot. 20,26 Lip. 80,69 HC

08

ARROZ FRITO CON YORK  
BACALAO AL HORNO

TOMATE ALIÑADO

FRUTA FRESCA  
PAN BLANCO

564,13 Kcal 24,03 Prot. 11,96 Lip. 87,63 HC

09

LENTEJAS CON ZANAHORIA  
MAGRO DE CERDO EN SALSA

ENSALADA MIXTA

YOGUR NATURAL CON TOPPING  
PAN BLANCO

597,14 Kcal 35,58 Prot. 20,14 Lip. 63,92 HC

10

SALMOREJO  
HUEVOS BELLA AURORA  
ENSALADA DE LECHUGA, ZANAHORIA Y  
REMOLACHA

FRUTA FRESCA

PAN BLANCO

551,95 Kcal 20,88 Prot. 22 Lip. 64,11 HC

13

MACARRONES AGLIO-OLIO CON PAVO Y  
CEBOLLINO  
GALLO A LA ANDALUZA

ENSALADA DE COL

YOGUR  
PAN INTEGRAL

665,53 Kcal 33,49 Prot. 20,32 Lip. 84,04 HC

14

LENTEJAS CON ZANAHORIA Y SOFRITO DE  
PIMIENTOS CASERO  
TORTILLA DE CALABACIN

ENSALADA DE LECHUGA, MAIZ Y  
ZANAHORIA

FRUTA FRESCA  
PAN BLANCO

576,41 Kcal 19,59 Prot. 17,46 Lip. 77,98 HC

15

ARROZ CON SALSA DE TOMATE CASERA

CINTA DE LOMO AL HORNO

CALABACIN ASADO

FRUTA FRESCA  
PAN BLANCO

620,12 Kcal 28,56 Prot. 17,48 Lip. 84,77 HC

16

PATATAS GUISADAS CON VERDURAS

PAVO EN SALSA

ENSALADA DE TOMATE

FRUTA FRESCA  
PAN BLANCO

614,73 Kcal 38,79 Prot. 16,86 Lip. 72,31 HC

17

CREMA DE CALABACIN

CALDERETA DE POLLO

PATATAS AL VAPOR CON SOFRITO DE AJOS

FRUTA FRESCA  
PAN BLANCO

611,42 Kcal 33,53 Prot. 22,18 Lip. 65,85 HC

20

GAZPACHO

TORTILLA FRANCESA

ENSALADA DE LECHUGA, TOMATE Y  
ZANAHORIA

FRUTA FRESCA  
PAN INTEGRAL

451,23 Kcal 16,92 Prot. 22,58 Lip. 45,34 HC

21

MACARRONES CON CREMA SUAVE DE  
BECHAMEL

SALMON AL HORNO CON AJO Y PEREJIL  
ENSALADA DE LECHUGA, REMOLACHA

RALLADA Y MAIZ

YOGUR NATURAL CON TOPPING  
PAN BLANCO

711,7 Kcal 31,14 Prot. 30,05 Lip. 76,77 HC

22

NO LECTIVO

23

NO LECTIVO

24

NO LECTIVO

27

MACARRONES EN SALSA DE TOMATE CASERA

GALLO SAN PEDRO A LA SICILIANA  
CALABAZA ASADA

FRUTA FRESCA  
PAN INTEGRAL

590,05 Kcal 26,49 Prot. 16,08 Lip. 80,15 HC

28

GUISO DE LENTEJAS CON ZANAHORIA,  
PIMIENTO Y CEBOLLA

POLLO AL CHILINDRON  
ENSALADA DE JUDIA VERDE

FRUTA FRESCA  
PAN BLANCO

637 Kcal 37,44 Prot. 20,93 Lip. 68,21 HC

29

GAZPACHO

TORTILLA DE PATATAS  
ENSALADA MIXTA

YOGUR  
PAN BLANCO

646,74 Kcal 24,15 Prot. 34,41 Lip. 58,06 HC

30

ARROZ CON POLLO

MERLUZA EN SALSA VERDE  
ENSALADA DE MAR

FRUTA FRESCA  
PAN BLANCO

596,91 Kcal 28,07 Prot. 13,63 Lip. 87,27 HC



# MENÚ

APRIL 2026

YAGO SCHOOL NURSERY

## LUNES

## MARTES

## MIÉRCOLES

## JUEVES

## VIERNES

06

MACARONI BOLOGNESE  
HAKE IN GREEN SAUCE  
SAUTÉED CAULIFLOWER  
FRESH FRUIT  
WHOLEMALE BREAD

624,88 Kcal 32,02 Prot. 16,49 Lip. 80,87 HC

07

BEANS WITH SWISS CHARD  
LEMON CHICKEN  
ROASTED POTATOES  
FRESH FRUIT  
FRESH BREAD

680,25 Kcal 35,83 Prot. 20,26 Lip. 80,69 HC

08

FRIED RICE WITH HAM  
BAKED COD  
SEASONED TOMATO  
FRESH FRUIT  
FRESH BREAD

564,13 Kcal 24,03 Prot. 11,96 Lip. 87,63 HC

09

LENTILS WITH CARROTS AND HOMEMADE PEPPER  
STIR-FRY  
PORK STEW IN SAUCE  
MIXED SALAD  
PLAIN YOGURT WITH TOPPING  
FRESH BREAD

597,14 Kcal 35,58 Prot. 20,14 Lip. 63,92 HC

10

SALMOREJO (COLD TOMATO SOUP)  
BELLA AURORA EGGS  
LETTUCE, CARROT, AND BEETROOT SALAD  
FRESH FRUIT  
FRESH BREAD

551,95 Kcal 20,88 Prot. 22 Lip. 64,11 HC

13

MACARONI AGLIO-OLIO WITH TURKEY AND CHIVES  
ANDALUSIAN-STYLE MEGRIM (FISH)  
COLESLAW  
YOGURT  
WHOLEMALE BREAD

665,53 Kcal 33,49 Prot. 20,32 Lip. 84,04 HC

14

LENTILS WITH CARROTS AND HOMEMADE PEPPER  
STIR-FRY  
ZUCCHINI OMELET  
LETTUCE, CORN, AND CARROT SALAD  
FRESH FRUIT  
FRESH BREAD

576,41 Kcal 19,59 Prot. 17,46 Lip. 77,98 HC

15

RICE WITH HOMEMADE TOMATO SAUCE  
BAKED PORK LOIN  
ROASTED ZUCCHINI  
FRESH FRUIT  
FRESH BREAD

620,12 Kcal 28,56 Prot. 17,48 Lip. 84,77 HC

16

STEWED POTATOES WITH VEGETABLES  
TURKEY IN SAUCE  
TOMATO SALAD  
FRESH FRUIT  
FRESH BREAD

614,73 Kcal 38,79 Prot. 16,86 Lip. 72,31 HC

17

ZUCCHINI CREAM  
CHICKEN STEW  
STEAMED POTATOES WITH GARLIC STIR-FRY  
FRESH FRUIT  
FRESH BREAD

611,42 Kcal 33,53 Prot. 22,18 Lip. 65,85 HC

20

GAZPACHO  
PLAIN OMELETTE  
LETTUCE, TOMATO, AND CARROT SALAD  
FRESH FRUIT  
WHOLEMALE BREAD

451,23 Kcal 16,92 Prot. 22,58 Lip. 45,34 HC

21

MACARONI WITH LIGHT BÉCHAMEL SAUCE  
BAKED SALMON WITH GARLIC AND PARSLEY  
LETTUCE, GRATED BEET, AND CORN SALAD  
NATURAL YOGURT WITH TOPPING  
FRESH BREAD

711,7 Kcal 31,14 Prot. 30,05 Lip. 76,77 HC

22

NO SCHOOL DAY

23

NO SCHOOL DAY

24

NO SCHOOL DAY

27

MACARONI IN HOMEMADE TOMATO SAUCE  
JOHN DORY SICILIAN STYLE  
ROASTED PUMPKIN  
FRESH FRUIT  
WHOLEMALE BREAD

590,05 Kcal 26,49 Prot. 16,08 Lip. 80,15 HC

28

LENTIL STEW WITH CARROTS, PEPPERS, AND  
ONION  
CHICKEN "CHILINDRÓN" STYLE  
GREEN BEAN SALAD  
FRESH FRUIT  
FRESH BREAD

637 Kcal 37,44 Prot. 20,93 Lip. 68,21 HC

29

GAZPACHO (COLD TOMATO SOUP)  
SPANISH POTATO OMELET  
MIXED SALAD  
YOGURT  
FRESH BREAD

646,74 Kcal 24,15 Prot. 34,41 Lip. 58,06 HC

30

CHICKEN RICE  
HAKE IN GREEN SAUCE  
SEAFOOD SALAD  
FRESH FRUIT  
FRESH BREAD

596,91 Kcal 28,07 Prot. 13,63 Lip. 87,27 HC