



MENÚ

SEPTIEMBRE 2025

YAGO SCHOOL NURSERY

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

	02	03	04	05
	SALMOREJO POLLO AL HORNO CALABAZA ASADA FRUTA FRESCA PAN BLANCO 536,59 Kcal 27,8 Prot. 19,8 Lip. 58,6 HC	ARROZ CON TOMATE LOMO EN SALSA CALABACIN ASADO FRUTA FRESCA PAN BLANCO 666,11 Kcal 29,94 Prot. 17,67 Lip. 93 HC	GUIZO DE PATATAS CON MAGRO FOGONERO CON SALSA MEDITERRÁNEA ENSALADA DE TOMATE FRUTA FRESCA PAN BLANCO 533,4 Kcal 23,24 Prot. 14,56 Lip. 71,18 HC	LENTEJAS CON ZANAHORIA Y SOFRITO DE PIMIENTOS CASERO TORTILLA DE CALABACIN ARROZ SALTEADO FRUTA FRESCA PAN BLANCO 804,04 Kcal 23,37 Prot. 31,09 Lip. 100,8 HC
08	09	10	11	12
CODITOS CON TOMATE SALMON AL HORNO CON AJO Y PEREJIL ENSALADA DE MAIZ Y REMOLACHA FRUTA FRESCA PAN INTEGRAL 650,4 Kcal 27,23 Prot. 21,41 Lip. 82,31 HC	GAZPACHO MAGRO CON VERDURITAS PATATAS PANADERAS FRUTA FRESCA PAN BLANCO 603,33 Kcal 18,13 Prot. 21,58 Lip. 79,96 HC	PISTO MANCHEGO CON HUEVO POLLO ASADO ENSALADA VARIADA FRUTA FRESCA PAN BLANCO 537,03 Kcal 33,96 Prot. 23,84 Lip. 43,87 HC	ARROZ 3 DELICIAS MERLUZA AL HORNO GUISANTES SALTEADOS FRUTA FRESCA PAN BLANCO 797,14 Kcal 40,29 Prot. 23,87 Lip. 102,44 HC	SALMOREJO TORTILLA FRANCESA COLIFLOR SALTEADA YOGUR PAN BLANCO 471,73 Kcal 20,58 Prot. 15,38 Lip. 63,27 HC
15	16	17	18	19
LACITOS CON TOMATE FOGONERO AL HORNO CON SALSA MEDITERRANEA CALABAZA ASADA FRUTA FRESCA PAN INTEGRAL 524,55 Kcal 22,3 Prot. 10,82 Lip. 78,5 HC	ARROZ CON TOMATE TORTILLA DE PATATAS Y CEBOLLA ENSALADA MIXTA FRUTA FRESCA PAN BLANCO 668,4 Kcal 20,77 Prot. 23,22 Lip. 91,14 HC	LENTEJAS LOMO ASADO PATATAS DADO AL HORNO YOGUR PAN BLANCO 798,09 Kcal 43,67 Prot. 26,17 Lip. 91,52 HC	SALMOREJO GALLINETA EN SALSA ENSALADA DE MAR FRUTA FRESCA PAN BLANCO 508,95 Kcal 23,6 Prot. 17,23 Lip. 61,74 HC	SOPA DE ESTRELLITAS POLLO AL HORNO ENSALADA DE JUDIAS VERDES, ZANAHORIA Y MAIZ FRUTA FRESCA PAN BLANCO 539,38 Kcal 29,04 Prot. 16,84 Lip. 64,37 HC
22	23	24	25	26
MACARRONES CON TOMATE TORTILLA DE PATATAS PANACHE DE VERDURAS YOGUR PAN INTEGRAL 756,67 Kcal 28,87 Prot. 29,18 Lip. 91,53 HC	ALUBIAS BLANCAS ESTOFADAS LOMO EN SALSA ENSALADA VARIADA FRUTA FRESCA PAN BLANCO 679,37 Kcal 36,58 Prot. 18,92 Lip. 80,32 HC	PAELLA MIXTA PAVO A LA PLANCHA PATATAS AL HORNO FRUTA FRESCA PAN BLANCO 771,09 Kcal 32,92 Prot. 26,06 Lip. 97,98 HC	GAZPACHO MERLUZA CON AJO Y PEREJIL CALABACIN ASADO FRUTA FRESCA PAN BLANCO 527,51 Kcal 26,74 Prot. 25 Lip. 46,86 HC	DIA DE MEXICO 
29	30			
CODITOS CON TOMATE MERLUZA EN SALSA SALTEADO DE VERDURAS FRUTA FRESCA PAN INTEGRAL 557,31 Kcal 26,59 Prot. 12,06 Lip. 80,52 HC	LENTEJAS POLLO AL LIMÓN ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA FRUTA FRESCA PAN BLANCO 642,25 Kcal 36,46 Prot. 18,95 Lip. 75,03 HC			



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	02	03	04	05
	SALMOREJO BAKED CHICKEN ROASTED PUMPKIN FRESH BREAD PAN BLANCO 536,59 Kcal 27,8 Prot. 19,8 Lip. 58,6 HC	RICE WITH TOMATO PORK LOIN IN SAUCE ROASTED COURGETTE FRESH BREAD PAN BLANCO 666,11 Kcal 29,94 Prot. 17,67 Lip. 93 HC	POTATOES WITH MEAT POLLOCK WITH MEDITERRANEAN SAUCE TOMATO SALAD FRESH BREAD PAN BLANCO 533,4 Kcal 23,24 Prot. 14,56 Lip. 71,18 HC	LENTILS WITH CARROT AND HOMEMADE PEPPER SOFRITO COURGETTE OMELETTE SAUTÉED RICE FRESH BREAD PAN BLANCO 804,04 Kcal 23,37 Prot. 31,09 Lip. 100,8 HC
08	09	10	11	12
PASTA IN TOMATO SAUCE BAKED SALMON SWEETCORN AND BEETROOT SALAD FRESH FRUIT WHOLEMALE BREAD 650,4 Kcal 27,23 Prot. 21,41 Lip. 82,31 HC	GAZPACHO MEAT WITH VEGETABLES BAKED POTATOES FRESH FRUIT FRESH BREAD 603,33 Kcal 18,13 Prot. 21,58 Lip. 79,96 HC	LA MANCHA-STYLE RATATOUILLE WITH EGG ROAST CHICKEN MIXED SALAD FRESH FRUIT FRESH BREAD 537,03 Kcal 33,96 Prot. 23,84 Lip. 43,87 HC	SPECIAL FRIED RICE BAKED HAKE SAUTÉED PEAS FRESH FRUIT FRESH BREAD 797,14 Kcal 40,29 Prot. 23,87 Lip. 102,44 HC	SALMOREJO FRENCH OMELETTE SAUTÉED CAULIFLOWER YOGHURT FRESH BREAD 471,73 Kcal 20,58 Prot. 15,38 Lip. 63,27 HC
15	16	17	18	19
PASTA IN TOMATO SAUCE BAKED POLLOCK WITH MEDITERRANEAN SAUCE ROASTED PUMPKIN FRESH FRUIT WHOLEMALE BREAD 524,55 Kcal 22,3 Prot. 10,82 Lip. 78,5 HC	RICE WITH TOMATO POTATO AND ONION SPANISH OMELETTE MIXED SALAD FRESH FRUIT FRESH BREAD 668,4 Kcal 20,77 Prot. 23,22 Lip. 91,14 HC	LENTILS ROASTED PORK LOIN BAKED POTATOES YOGHURT FRESH BREAD 798,09 Kcal 43,67 Prot. 26,17 Lip. 91,52 HC	SALMOREJO FISH IN SAUCE SEAFOOD SALAD FRESH FRUIT FRESH BREAD 508,95 Kcal 23,6 Prot. 17,23 Lip. 61,74 HC	SOUP WITH PASTA STARS BAKED CHICKEN GREEN BEAN, CARROT AND CORN SALAD FRESH FRUIT FRESH BREAD 539,38 Kcal 29,04 Prot. 16,84 Lip. 64,37 HC
22	23	24	25	26
PASTA IN TOMATO SAUCE SPANISH OMELETTE MIXED VEGETABLES YOGHURT WHOLEMALE BREAD 756,67 Kcal 28,87 Prot. 29,18 Lip. 91,53 HC	STEWED BEANS PORK LOIN IN SAUCE MIXED SALAD FRESH FRUIT FRESH BREAD 679,37 Kcal 36,58 Prot. 18,92 Lip. 80,32 HC	MIXED PAELLA GRILLED TURKEY BAKED POTATOES FRESH FRUIT FRESH BREAD 771,09 Kcal 32,92 Prot. 26,06 Lip. 97,98 HC	GAZPACHO HAKE WITH GARLIC AND PARSLEY ROASTED COURGETTE FRESH FRUIT FRESH BREAD 527,51 Kcal 26,74 Prot. 25 Lip. 46,86 HC	MEXICAN DAY 
29	30			
PASTA IN TOMATO SAUCE HAKE IN SAUCE SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD 557,31 Kcal 26,59 Prot. 12,06 Lip. 80,52 HC	LENTILS LEMON CHICKEN LETTUCE, CORN AND CARROT SALAD FRESH FRUIT FRESH BREAD 642,25 Kcal 36,46 Prot. 18,95 Lip. 75,03 HC			