

DOMINGO 7

COMIDA

BRUNCH

PANES VARIADOS
UNTABLES VARIADOS
EMBUTIDO VARIADO
CEREALES
BOLLERÍA HORNEADA
BUFFET DE ENSALADA
HUEVOS REVUELTOS
PATATAS CHEESEBACON
COSTILLAS A LA
BARBACOA
FRUTA VARIADA
LÁCTEOS

CENA

BUFFET DE ENSALADA
ENSALADA MIXTA
PIZZA TROPICAL
AROS DE CEBOLLA
FRUTA FRESCA-YOGUR
PAN BLANCO/INTEGRAL

LUNES 8	MARTES 9	MIÉRCOLES 10	JUEVES 11	VIERNES 12	SABADO 13	DOMINGO 14
COMIDA						
CODITOS CON CREMA SUAVE DE BECHAMEL ENSALADA DE PASTA TROPICAL SALMON AL HORNO CON AJO Y PEREJIL SALMON AL HORNO MACERADO EN PIÑA ENSALADA DE MAIZ Y REMOLACHA FRUTA FRESCA	GAZPACHO CONSOME DE AVE CORDON BLEU DE POLLO ESTOFADO DE MAGRO CON CHORIZO Y JAMÓN PATATAS PANADERAS YOGUR NATURAL CON TOPPING	PISTO MANCHEGO CON HUEVO TACO DE VERDURAS CON TOMATE ESPECIADO POLLO ASADO EN SALSA DE PASAS ALITAS DE POLLO BARBACOA ENSALADA VARIADA FRUTA FRESCA	ARROZ 3 DELICIAS ENSALADA DE ARROZ BACALAO REBOZADO BACALAO AL GRATEN REPOLLO ESTILO KIMCHI FRUTA FRESCA	SALMOREJO GUISANTES SALTEADOS CON CHAMPIÑONES Y HUEVO TORTILLA FRANCESA TORTILLA DE PATATAS COLIFLOR SALTEADA YOGUR	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON REVUELTO DE QUESO POLLO A LA PLANCHA FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALCHICHAS PATATAS GRATINADAS MERLUZA FRITA FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA DE LACITOS CON YORK GYROS DE MAGRO CON SALSA TZATIKI SALTEADO CAMPESTRE FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR RABAS DE CALAMAR PATATAS FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAPRESSE REVUELTO DE JAMON YORK PANACHÉ DE VERDURAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA QUESO FRESCO CON TOMATE Y ALBAHACA COSTILLAS BARBACOA PIMIENTOS FRITOS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA PASTA SALTEADA LARDONES DE PAVO A LA PLANCHA ARROZ PILAF FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE YORK HAMBURGUESA COMPLETA PATATAS GAJO FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA COLESLAW TACOS AL PASTOR CALABACIN REBOZADO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 15	MARTES 16	MIÉRCOLES 17	JUEVES 18	VIERNES 19	SABADO 20	DOMINGO 21
COMIDA						
LACITOS BOLOÑESA LASAÑA FOGONERO AL HORNO CON SALSA MEDITERRANEA CAZON EN ADOBO CALABAZA ASADA FRUTA FRESCA	ARROZ CON CURRY Y PASAS ARROZ NEGRO CON GAMBAS Y ALI OLI TORTILLA DE PATATAS Y CEBOLLA REVUELTO DE JAMÓN SERRANO ENSALADA MIXTA FRUTA FRESCA	LENTEJAS GUISANTES SALTEADOS CON YORK ALBONDIGAS DE POLLO AL CHILINDRON POLLO A LA PLANCHA CON LIMON PATATAS DADO YOGUR	SALMOREJO GUISO DE MAIZ CON TOMATE GALLINETA A LA ANDALUZA GALLINETA A LA SICILIANA ENSALADA DE MAR FRUTA FRESCA	SOPA DE ESTRELLITAS ENSALADA DE GARBANZOS POLLO AL HORNO FILETES DE LOMO A LA PLANCHA ENSALADA DE JUDIAS VERDES, ZANAHORIA Y MAIZ FRUTA FRESCA	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BERENJENAS RELLENAS PASTA AL WOK LOMO EN SALSA FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ENSALADA CESAR REVUELTO CAMPERO POLLO A LA PLANCHA FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA DE QUINOA CON QUESO CROQUE MONSIEUR PATATAS PANADERAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA SANTURCE RABAS DE CALAMAR BERENJENAS REBOZADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO, MANZANA Y NUECES REVUELTO DE BACON CHAMPIÑONES SALTEADOS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON HUEVO EMPANADA CASERA DE SALMON PATATAS DADO AL AJILLO FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA TORTILLA DE PATATAS Y CALABACIN ARROZ SALTEADO THAY FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR PIZZA NACHOS CON GUACAMOLE FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE QUESO DE CABRA POLLO FRITO PATATAS GAJO FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 22	MARTES 23	MIÉRCOLES 24	JUEVES 25	VIERNES 26	SABADO 27	DOMINGO 28
COMIDA						
CANELONES DE CARNE MACARRONES NAPOLITANA REVUELTO DE BACON TORTILLA DE CALABACÍN PANACHE DE VERDURAS NATILLAS	ENSALADA DE ALUBIAS ESPINACAS CON GARBANZOS SALCHICHAS CON PIMIENTOS SALCHICHAS CON SALSA BARBACOA ENSALADA VARIADA FRUTA FRESCA	PAELLA MIXTA ARROZ TRES DELICIAS PAVO EN SALSA PAVO ASADA CON SALSA DE MANZANAS PATATAS FRITAS FRUTA FRESCA	GAZPACHO ENSALADA DE PATATAS CON MANZANA Y POLLO BACALAO CON MUSELINA DE AJO BACALAO REBOZADO AL AJILLO CALABACIN ASADO YOGUR NATURAL CON TOPPING	DIA DE MEXICO 	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA SALCHICHAS PATATAS GRATINADAS COSTILLAS AL HORNO FRUTA VARIADA LÁCTEOS	BRUNCH PANES VARIADOS UNTABLES VARIADOS EMBUTIDO VARIADO CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BACON ARROZ CON POLLO ADOBO FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA TROPICAL MAGRO DE CERDO A LA RIOJANA COUS COUS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA GALLINETA AL HORNO CON CRUMBLE DE CEBOLLA Y HIERBAS PROVENZALES PATATAS ASADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR TORTILLA FRANCESA ZANAHORIA BABY FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA ROLLITOS DE PRIMAVERA VERDURAS SALTEADAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA, QUESO FRESCO Y MAIZ BOCADILLO POLLO Y QUESO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA TACOS DE TERNERA PICADA PIMIENTOS FRITOS FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA HAMBURGUESA COMPLETA PATATAS FRITAS TEX MEX FRUTA FRESCA-YOGUR PAN BLANCO/INTEGRAL

LUNES 29

MARTES 30

COMIDA

WOK DE PASTA CON
VERDURAS Y BACON
CODITOS CON PESTO DE
ESPINACAS Y TOMATE
SECO
EMPANADILLAS DE
ATUN
ATÚN AL HORNO CON
CEBOLLA
CAMELIZADA
SALTEADO DE
VERDURAS
FRUTA FRESCA

ESPINACAS GRATINADAS
CON BECHAMEL
COCIDO DE GARBANZOS
CON VERDURAS
HAMBURGUESA CON
QUESO
HAMBURGUESA CON
SALSA DE MOSTAZA
ANTIGUA
ENSALADA DE LECHUGA,
MAIZ Y ZANAHORIA
FRUTA FRESCA

CENA

BUFFET DE ENSALADA
ENSALADA CAMPESINA
REVUELTO DE
CHAMPIÑONES Y
JAMÓN SERRANO
PATATAS DADO
FRUTA FRESCA-YOGUR
PAN BLANCO/INTEGRAL

BUFFET DE ENSALADA
ENSALADILLA RUSA
POLLO EMPANADO
PURÉ DE MANZANA
FRUTA FRESCA-YOGUR
PAN BLANCO/INTEGRAL

SUNDAY 7

COMIDA

BRUNCH

ASSORTED BREADS
ASSORTED SPREADS
ASSORTED COLD MEATS
CEREALS
BAKED GOODS
SALAD BAR
SCRAMBLED EGGS
POTATOES WITH CHEESE
AND BACON
BBQ RIBS
FRESH FRUIT
YOGHURT

CENA

SALAD BAR
MIXED SALAD
TROPICAL PIZZA
ONION RINGS
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13	SUNDAY 14
			COMIDA			
ELBOW MACARONI WITH CREAMY BÉCHAMEL SAUCE	GAZPACHO	LA MANCHA-STYLE RATATOUILLE WITH EGG	SPECIAL FRIED RICE	SALMOREJO	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR BACON SCRAMBLED EGGS WITH CHEESE GRILLED CHICKEN FRESH FRUIT YOGHURT	BRUNCH ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SAUSAGES POATOES AU GRATIN FRIED HAKE FRESH FRUIT YOGHURT
TROPICAL PASTA SALAD	CHICKEN CONSOMMÉ	VEGETABLE TACO WITH SPICY TOMATO	RICE SALAD	SAUTÉED PEAS WITH MUSHROOMS AND EGG		
SALMON WITH DILL	TURKEY CORDON BLEU	ROAST CHICKEN IN RAISIN SAUCE	BATTERED COD	FRENCH OMELETTE		
BAKED SALMON MARINATED IN PINEAPPLE	PORK STEW WITH CHORIZO AND HAM	BBQ CHICKEN WINGS	GRATIN COD	POTATO OMELETTE		
SWEETCORN AND BEETROOT SALAD	BAKED POTATOES	MIXED SALAD	KIMCHI-STYLE CABBAGE	SAUTÉED CAULIFLOWER		
FRESH FRUIT	NATURAL YOGHURT WITH TOPPING	FRESH FRUIT	FRESH FRUIT	YOGHURT		
WHOLEMALE BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD		
			CENA			
SALAD BAR FARFALLE SALAD WITH COOKED HAM	SALAD BAR CAESAR SALAD	SALAD BAR CAPRESE SALAD	SALAD BAR SCRAMBLED EGGS	SALAD BAR SAUTÉED PASTA	SALAD BAR COOKED HAM SALAD	SALAD BAR COLESLAW
PORK TENDERLOIN GYROS WITH TZATZIKI	BATTERED CALAMARI	SCRAMBLED EGGS WITH COOKED HAM AND POTATO	BBQ RIBS	GRILLED TURKEY LARDONS	COMPLETE HAMBURGER	TACOS AL PASTOR (PULLED MEAT TACO)
SAUTÉED VEGETABLES FRESH FRUIT/YOGHURT	CHIPS FRESH FRUIT/YOGHURT	VEGETABLES PANACHE FRESH FRUIT/YOGHURT	FRIED POTATOES FRESH FRUIT/YOGHURT	PILAF RICE FRESH FRUIT/YOGHURT	FRIED POTATO WEDGES FRESH FRUIT/YOGHURT	BATTERED COURGETTE FRESH FRUIT/YOGHURT
WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19	SATURDAY 20	SUNDAY 21
			COMIDA			
FARFALLE BOLOGNESE	RICE WITH CURRY AND RAISINS	LENTILS	SALMOREJO	SOUP WITH PASTA STARS	BRUNCH	BRUNCH
LASAGNE	BLACK RICE WITH PRAWNS AND AIOLI	SAUTÉED PEAS WITH COOKED HAM	CORN AND TOMATO STEW	CHICKPEAS SALAD	ASSORTED BREADS	ASSORTED BREADS
BAKED POLLOCK WITH MEDITERRANEAN SAUCE	POTATO AND ONION SPANISH OMELETTE	CHICKEN MEATBALLS COOKED WITH RED PEPPERS	ANDALUSIAN-STYLE REDFISH	ROAST CHICKEN	ASSORTED SPREADS	ASSORTED SPREADS
DOGFISH IN MARINADE	SCRAMBLED EGGS WITH SERRANO HAM	GRILLED CHICKEN WITH LEMON	FRIED REDFISH	GRILLED PORK TENDERLOIN FILLETS	ASSORTED COLD MEATS	ASSORTED COLD MEATS
ROASTED PUMPKIN	MIXED SALAD	FRIED POTATOES	SEAFOOD SALAD	GREEN BEAN, CARROT AND CORN SALAD	CEREALS	CEREALS
FRESH FRUIT	FRESH FRUIT	YOGHURT	FRESH FRUIT	FRESH FRUIT	BAKED GOODS	BAKED GOODS
WHOLEMALE BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD	FRESH BREAD	SALAD BAR	SALAD BAR
					STUFFED EGGPLANT	CAESAR SALAD
					STIR-FRIED PASTA	COUNTRY-STYLE
					TENDERLOIN IN SAUCE	SCRAMBLED EGGS
					FRESH FRUIT	GRILLED CHICKEN
					YOGHURT	FRESH FRUIT
						YOGHURT
			CENA			
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
QUINOA SALAD WITH CHEESE	SANTURCE SALAD	SALAD OF LETTUCE WITH CELERY, APPLE AND WALNUTS	RICE SALAD WITH EGG	GERMAN POTATO AND MACKEREL SALAD	TRICOLORE PASTA SALAD	GOAT CHEESE SALAD
CROQUE MONSIEUR	DOGFISH IN MARINADE	SCRAMBLED EGGS WITH BACON	HOMEMADE SALMON PASTY	POTATO AND COURGETTE OMELETTE	PIZZA	FRIED CHICKEN
SAUTÉED POTATO SLICES	CHIPS	SAUTÉED MUSHROOMS	GARLIC POTATO CUBES	SAUTÉED THAI RICE	POTATOES PROVENÇAL WITH GARLIC AND THYME	FRIED POTATO WEDGES
FRESH FRUIT/YOGHURT	FRESH FRUIT/YOGHURT	FRESH FRUIT/YOGHURT	FRESH FRUIT/YOGHURT	FRESH FRUIT/YOGHURT	FRESH FRUIT/YOGHURT	FRESH FRUIT/YOGHURT
WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD	WHOLEMALE BREAD/FRESH BREAD

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27	SUNDAY 28
COMIDA				BRUNCH		
MEAT CANNELLONI MACARONI NAPOLETANA SCRAMBLED EGGS WITH BACON COURGETTE OMELETTE MIXED VEGETABLES CUSTARD WHOLEMALE BREAD	BEANS SALAD SPINACH WITH CHICKPEAS SAUSAGES WITH PEPPERS SAUSAGES WITH BBQ SAUCE MIXED SALAD FRESH FRUIT FRESH BREAD	MIXED PAELLA SPECIAL FRIED RICE TURKEY IN SAUCE ROAST TURKEY WITH APPLE SAUCE CHIPS FRESH FRUIT FRESH BREAD	GAZPACHO POTATO SALAD WITH APPLE AND CHICKEN COD WITH GARLIC MOUSSE BATTERED COD IN A GARLIC SAUCE ROASTED COURGETTE NATURAL YOGHURT WITH TOPPING FRESH BREAD	MEXICAN DAY 	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR SAUSAGES POTATOES AU GRATIN OVEN BAKED RIBS FRESH FRUIT YOGHURT	ASSORTED BREADS ASSORTED SPREADS ASSORTED COLD MEATS CEREALS BAKED GOODS SALAD BAR BACON RICE AND CHICKEN MARINADE FRESH FRUIT YOGHURT
CENA						
SALAD BAR TUNA AND EGG SALAD RIOJA-STYLE PORK TENDERLOIN COUSCOUS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR COUNTRY SALAD BAKED JOHN DORY WITH AN ONION CRUMBLE ROAST POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR TROPICAL SALAD POTATO OMELETTE BABY CARROT FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR MIXED SALAD SPRING ROLLS SAUTEED VEGETABLES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR RICE SALAD WITH LETTUCE, FRESH CHEESE AND CORN CHICKEN AND CHEESE BAGUETTE CHIPS FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR CAESAR SALAD MINCED BEEF TACOS FRIED POTATO WEDGES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD	SALAD BAR GERMAN POTATO SALAD COMPLETE HAMBURGER TEX-MEX POTATOES FRESH FRUIT/YOGHURT WHOLEMALE BREAD/FRESH BREAD

MONDAY 29

TUESDAY 30

COMIDA

STIR-FRIED PASTA WITH
VEGETABLES AND
BACON
PASTA SPINACH AND
SUN-DRIED TOMATO
PESTO
TUNA PASTIES
BAKED TUNA WITH
CARMELISED ONION
SAUTÉED VEGETABLES
FRESH FRUIT
WHOLEMALE BREAD

SPINACH GRATIN WITH
BECHAMEL SAUCE
CHICKPEA STEW WITH
VEGETABLES
CHEESEBURGER
HAMBURGER WITH
WHOLEGRAIN MUSTARD
SAUCE
LETTUCE, CORN AND
CARROT SALAD
FRESH FRUIT
FRESH BREAD

CENA

SALAD BAR
COUNTRY-STYLE SALAD
SCRAMBLED EGGS WITH
MUSHROOMS AND
SERRANO HAM
FRIED POTATOES
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

SALAD BAR
SPANISH POTATO SALAD
BREADED CHICKEN
APPLE PURÉE
FRESH FRUIT/YOGHURT
WHOLEMALE
BREAD/FRESH BREAD

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 7 DE SEPTIEMBRE

DOMINGO 7

COMIDA

BRUNCH

PAN SIN GLUTEN
UNTABLES VARIADOS
EMBUTIDO VARIADO
BUFFET DE ENSALADA
HUEVOS REVUELTOS
PATATAS CHEESEBACON
COSTILLAS A LA
BARBACOA
FRUTA VARIADA
LÁCTEOS

CENA

BUFFET DE ENSALADA
ENSALADA MIXTA
PIZZA SIN GLUTEN
VERDURAS SALTEADAS
FRUTA FRESCA-YOGUR
PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 8 AL 14 DE SEPTIEMBRE

LUNES 8	MARTES 9	MIÉRCOLES 10	JUEVES 11	VIERNES 12	SABADO 13	DOMINGO 14
COMIDA						
PASTA SIN GLUTEN CON CREMA SUAVE DE BECHAMEL SALMON AL HORNO CON AJO Y PEREJIL ENSALADA DE MAÍZ Y REMOLACHA FRUTA FRESCA PAN SIN GLUTEN	GAZPACHO SIN GLUTEN ESTOFADO DE MAGRO PATATAS PANADERAS YOGUR NATURAL CON TOPPING PAN SIN GLUTEN	PISTO MANCHEGO CON HUEVO POLLO ASADO EN SALSA DE PASAS ENSALADA VARIADA FRUTA FRESCA PAN SIN GLUTEN	ARROZ 3 DELICIAS BACALAO AL GRATEN REPOLLO ESTILO KIMCHI FRUTA FRESCA PAN SIN GLUTEN	SALMOREJO SIN GLUTEN TORTILLA FRANCESA COLIFLOR SALTEADA YOGUR PAN SIN GLUTEN	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON REVUELTO DE QUESO POLLO A LA PLANCHA FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA SALCHICHAS PATATAS GRATINADAS MERLUZA AL HORNO FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA DE PASTA SIN GLUTEN GYROS DE MAGRO CON SALSA TZATIKI SALTEADO CAMPESTRE FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CESAR MERLUZA AL HORNO PATATAS FRITAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CAPRESSE REVUELTO DE JAMON YORK PANACHÉ DE VERDURAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA QUESO FRESCO CON TOMATE Y ALBAHACA COSTILLAS BARBACOA PIMIENTOS FRITOS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA PASTA SIN GLUTEN SALTEADA LARDONES DE PAVO A LA PLANCHA ARROZ PILAF FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE YORK HAMBURGUESA COMPLETA SIN GLUTEN PATATAS GAJO FRITAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA COLESLAW TACOS AL PASTOR SIN GLUTEN CALABACIN SALTEADO FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 15 AL 21 DE SEPTIEMBRE

LUNES 15	MARTES 16	MIÉRCOLES 17	JUEVES 18	VIERNES 19	SABADO 20	DOMINGO 21
COMIDA						
PASTA SIN GLUTEN BOLOÑESA FOGONERO AL HORNO CON SALSA MEDITERRÁNEA CALABAZA ASADA FRUTA FRESCA PAN SIN GLUTEN	ARROZ CON CURRY Y PASAS TORTILLA DE PATATAS Y CEBOLLA ENSALADA MIXTA FRUTA FRESCA PAN SIN GLUTEN	GUISANTES SALTEADOS CON YORK ALBÓNDIGAS DE POLLO AL CHILINDRÓN PATATAS DADO YOGUR PAN SIN GLUTEN	SALMOREJO SIN GLUTEN GALLINETA A LA SICILIANA ENSALADA DE MAR FRUTA FRESCA PAN SIN GLUTEN	ENSALADA DE GARBANZOS POLLO AL HORNO ENSALADA DE JUDÍAS VERDES, ZANAHORIA Y MAÍZ FRUTA FRESCA PAN SIN GLUTEN	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BERENJENAS RELLENAS PASTA SIN GLUTEN AL WOK LOMO EN SALSA FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA ENSALADA CESAR REVUELTO CAMPERO POLLO A LA PLANCHA FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA DE QUINOA CON QUESO CROQUE MONSIEUR SIN GLUTEN PATATAS PANADERAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA SANTURCE MERLUZA AL HORNO BERENJENAS SALTEADAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO, MANZANA Y NUECES REVUELTO DE BACON CHAMPIÑONES SALTEADOS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE ARROZ CON HUEVO SALMON AL HORNO PATATAS DADO AL AJILLO FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA Y CABALLA TORTILLA DE PATATAS Y CALABACIN ARROZ SALTEADO THAY FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE PASTA SIN GLUTEN PIZZA SIN GLUTEN NACHOS CON GUACAMOLE FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE QUESO DE CABRA POLLO FRITO PATATAS GAJO FRITAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 22 AL 28 DE SEPTIEMBRE

LUNES 22	MARTES 23	MIÉRCOLES 24	JUEVES 25	VIERNES 26	SABADO 27	DOMINGO 28
COMIDA						
PASTA SIN GLUTEN NAPOLITANA REVUELTO DE BACON PANACHÉ DE VERDURAS NATILLAS PAN SIN GLUTEN	ENSALADA DE ALUBIAS SALCHICHAS CON PIMIENTOS ENSALADA VARIADA FRUTA FRESCA PAN SIN GLUTEN	PAELLA MIXTA PAVO EN SALSA PATATAS FRITAS FRUTA FRESCA PAN SIN GLUTEN	GAZPACHO SIN GLUTEN BACALAO CON MUSELINA DE AJO CALABACÍN ASADO YOGUR NATURAL CON TOPPING PAN SIN GLUTEN	DIA DE MEXICO 	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA SALCHICHAS PATATAS GRATINADAS COSTILLAS AL HORNO FRUTA VARIADA LÁCTEOS	BRUNCH PAN SIN GLUTEN UNTABLES VARIADOS EMBUTIDO VARIADO BUFFET DE ENSALADA BACON ARROZ CON POLLO MERLUZA AL HORNO FRUTA VARIADA LÁCTEOS
CENA						
BUFFET DE ENSALADA ENSALADA TROPICAL MAGRO DE CERDO A LA RIOJANA COUS COUS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CAMPERA GALLINETA AL HORNO CON CRUMBLE DE CEBOLLA Y HIERBAS PROVENZALES PATATAS ASADAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA CESAR TORTILLA FRANCESA ZANAHORIA BABY FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA MIXTA VERDURAS SALTEADAS VERDURAS SALTEADAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA, QUESO FRESCO Y MAIZ BOCADILLO POLLO Y QUESO SIN GLUTEN PATATAS FRITAS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA MIXTA TACOS DE TERNERA PICADA SIN GLUTEN PIMIENTOS FRITOS FRUTA FRESCA-YOGUR PAN SIN GLUTEN	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA HAMBURGUESA COMPLETA SIN GLUTEN PATATAS FRITAS TEX MEX FRUTA FRESCA-YOGUR PAN SIN GLUTEN

MENÚ YAGO SCHOOL – SIN GLUTEN SEMANA DEL 29 AL 30 DE SEPTIEMBRE

LUNES 29

MARTES 30

COMIDA

WOK DE PASTA SIN
GLUTEN CON VERDURAS
Y BACON

ATÚN AL HORNO

SALTEADO DE
VERDURAS
FRUTA FRESCA
PAN SIN GLUTEN

ESPINACAS GRATINADAS
CON BECHAMEL

HAMBURGUESA CON
QUESO

ENSALADA DE LECHUGA,
MAÍZ Y ZANAHORIA
FRUTA FRESCA
PAN SIN GLUTEN

CENA

BUFFET DE ENSALADA
ENSALADA CAMPESINA
REVUELTO DE
CHAMPIÑONES Y
JAMÓN SERRANO
PATATAS DADO
FRUTA FRESCA-YOGUR
PAN SIN GLUTEN

BUFFET DE ENSALADA
ENSALADILLA RUSA

POLLO AL HORNO

PURÉ DE MANZANA
FRUTA FRESCA-YOGUR
PAN SIN GLUTEN

SUNDAY 7

COMIDA

BRUNCH

- GLUTEN-FREE BREAD
- VARIOUS SPREADS
- VARIOUS COLD CUTS
- SALAD BUFFET
- SCRAMBLED EGGS
- CHEESEBACON
- POTATOES
- BBQ RIBS
- VARIOUS FRUIT
- DAIRY

CENA

- SALAD BAR
- MIXED SALAD
- GLUTEN-FREE PIZZA
- SAUTÉED VEGETABLES
- FRESH FRUIT-YOGURT
- GLUTEN-FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 8 TO 14

MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13	SUNDAY 14
			COMIDA			
GLUTEN-FREE PASTA WITH CREAMY BÉCHAMEL SAUCE BAKED SALMON WITH GARLIC AND PARSLEY CORN AND BEET SALAD FRESH FRUIT GLUTEN-FREE BREAD	GLUTEN-FREE GAZPACHO LEAN MEAT STEW BAKED POTATOES NATURAL YOGURT WITH TOPPINGS GLUTEN-FREE BREAD	PISTO MANCHEGO WITH EGG ROAST CHICKEN IN RAISIN SAUCE MIXED SALAD FRESH FRUIT GLUTEN-FREE BREAD	3 DELIGHTS RICE COD AU GRATIN KIMCHI-STYLE CABBAGE FRESH FRUIT GLUTEN-FREE BREAD	GLUTEN-FREE SALMOREJO FRENCH OMELETTE SAUTÉED CAULIFLOWER YOGURT GLUTEN-FREE BREAD	BRUNCH GLUTEN-FREE BREAD VARIOUS SPREADS VARIOUS COLD CUTS SALAD BUFFET BACON CHEESE SCRAMBLE GRILLED CHICKEN VARIOUS FRUIT DAIRY	BRUNCH GLUTEN-FREE BREAD VARIOUS SPREADS VARIOUS COLD CUTS SALAD BUFFET SAUSAGES AU GRATIN POTATOES BAKED HAKE VARIOUS FRUIT DAIRY
			CENA			
SALAD BAR GLUTEN-FREE PASTA SALAD LEAN MEAT GYROS WITH TZATIKI SAUCE COUNTRY SAUTÉ FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR CAESAR SALAD BAKED HAKE FRENCH FRIES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR CAPRESE SALAD SCRAMBLED EGG WITH HAM VEGETABLE PANACHE FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR FRESH CHEESE WITH TOMATO AND BASIL BBQ RIBS FRIED PEPPERS FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR SAUTÉED GLUTEN-FREE PASTA GRILLED TURKEY STRIPS PILAF RICE FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR HAM SALAD GLUTEN-FREE COMPLETE BURGER FRIED POTATO WEDGES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR COLESLAW SALAD GLUTEN-FREE TACOS AL PASTOR SAUTÉED ZUCCHINI FRESH FRUIT-YOGURT GLUTEN-FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 15 TO 21

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19	SATURDAY 20	SUNDAY 21
			COMIDA			
GLUTEN-FREE PASTA BOLOGNESE BAKED HAKE WITH MEDITERRANEAN SAUCE ROASTED PUMPKIN FRESH FRUIT GLUTEN-FREE BREAD	RICE WITH CURRY AND RAISINS POTATO AND ONION OMELETTE MIXED SALAD FRESH FRUIT GLUTEN-FREE BREAD	SAUTÉED PEAS WITH HAM CHICKEN MEATBALLS "AL CHILINDRÓN" DICED POTATOES YOGURT GLUTEN-FREE BREAD	GLUTEN-FREE SALMOREJO SICILIAN HAKE SEAFOOD SALAD FRESH FRUIT GLUTEN-FREE BREAD	CHICKPEA SALAD BAKED CHICKEN GREEN BEAN, CARROT, AND CORN SALAD FRESH FRUIT GLUTEN-FREE BREAD	BRUNCH GLUTEN-FREE BREAD VARIOUS SPREADS VARIOUS COLD CUTS SALAD BUFFET STUFFED EGGPLANT GLUTEN-FREE WOK PASTA PORK LOIN IN SAUCE VARIOUS FRUIT DAIRY	BRUNCH GLUTEN-FREE BREAD VARIOUS SPREADS VARIOUS COLD CUTS SALAD BUFFET CAESAR SALAD COUNTRY SCRAMBLE GRILLED CHICKEN VARIOUS FRUIT DAIRY
			CENA			
SALAD BAR QUINOA SALAD WITH CHEESE GLUTEN-FREE CROQUE MONSIEUR BAKED POTATOES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR "SANTURCE" SALAD BAKED HAKE SAUTÉED EGGPLANT FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR LETTUCE SALAD WITH CELERY, APPLE, AND NUTS BACON SCRAMBLE SAUTÉED MUSHROOMS FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR RICE SALAD WITH EGG BAKED SALMON DICED POTATOES WITH GARLIC FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR GERMAN POTATO AND MACKEREL SALAD ZUCCHINI AND POTATO OMELETTE THAI SAUTÉED RICE FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR GLUTEN-FREE PASTA SALAD GLUTEN-FREE PIZZA NACHOS WITH GUACAMOLE FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR GOAT CHEESE SALAD FRIED CHICKEN FRIED POTATO WEDGES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 22 TO 28

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27	SUNDAY 28
			COMIDA			
GLUTEN-FREE NAPOLITANA PASTA BACON SCRAMBLE VEGETABLE PANACHE CUSTARD GLUTEN-FREE BREAD	BEAN SALAD SAUSAGES WITH PEPPERS MIXED SALAD FRESH FRUIT GLUTEN-FREE BREAD	MIXED PAELLA TURKEY IN SAUCE FRENCH FRIES FRESH FRUIT GLUTEN-FREE BREAD	GLUTEN-FREE GAZPACHO COD WITH GARLIC MOUSSELINE ROASTED ZUCCHINI NATURAL YOGURT WITH TOPPINGS GLUTEN-FREE BREAD	MEXICAN DAY 	BRUNCH GLUTEN-FREE BREAD VARIOUS SPREADS VARIOUS COLD CUTS SALAD BUFFET SAUSAGES AU GRATIN POTATOES BAKED RIBS VARIOUS FRUIT DAIRY	BRUNCH GLUTEN-FREE BREAD VARIOUS SPREADS VARIOUS COLD CUTS SALAD BUFFET BACON RICE WITH CHICKEN BAKED HAKE VARIOUS FRUIT DAIRY
			CENA			
SALAD BAR TROPICAL SALAD PORK LOIN "A LA RIOJANA" COUSCOUS FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR COUNTRY SALAD BAKED HAKE WITH ONION CRUMBLE AND PROVENÇAL HERBS ROASTED POTATOES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR CAESAR SALAD FRENCH OMELETTE BABY CARROTS FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR MIXED SALAD SAUTÉED VEGETABLES SAUTÉED VEGETABLES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR RICE SALAD WITH LETTUCE, FRESH CHEESE, AND CORN GLUTEN-FREE CHICKEN AND CHEESE SANDWICH FRENCH FRIES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR MIXED SALAD MINCED VEAL TACOS "GLUTEN FREE" FRIED PEPPERS FRESH FRUIT-YOGURT GLUTEN-FREE BREAD	SALAD BAR GERMAN POTATO SALAD GLUTEN-FREE COMPLETE BURGER TEX-MEX FRENCH FRIES FRESH FRUIT-YOGURT GLUTEN-FREE BREAD

MENÚ YAGO SCHOOL – GLUTEN FREE

WEEK 29 TO 30

MONDAY 29

TUESDAY 30

COMIDA

GLUTEN-FREE PASTA
WOK WITH VEGETABLES
AND BACON
BAKED TUNA

SAUTEED VEGETABLES
FRESH FRUIT
GLUTEN-FREE BREAD

SPINACH AU GRATIN
WITH BECHAMEL SAUCE
CHEESEBURGER
LETTUCE, CORN, AND
CARROT SALAD
FRESH FRUIT
GLUTEN-FREE BREAD

CENA

SALAD BAR
PEASANT SALAD
SCRAMBLED EGGS WITH
MUSHROOMS AND
SERRANO HAM
DICED POTATOES
FRESH FRUIT-YOGURT
GLUTEN-FREE BREAD

SALAD BAR
RUSSIAN SALAD

BAKED CHICKEN
APPLESAUCE
FRESH FRUIT-YOGURT
GLUTEN-FREE BREAD

DOMINGO 7

COMIDA

BRUNCH

PANES VARIADOS
ACEITE Y TOMATE
CEREALES
BOLLERÍA HORNEADA
BUFFET DE ENSALADA
PATATAS CON
VERDURAS
MENESTRA SALTEADA
FRUTA VARIADA

CENA

BUFFET DE ENSALADA
ENSALADA MIXTA
PIZZA VEGETAL
AROS DE CEBOLLA
FRUTA FRESCA
PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 8 AL 14 DE SEPTIEMBRE

LUNES 8	MARTES 9	MIÉRCOLES 10	JUEVES 11	VIERNES 12	SABADO 13	DOMINGO 14
COMIDA						
ENSALADA DE PASTA MENESTRA SALTEADA FRUTA FRESCA PAN BLANCO	SOPA CASERA DE VERDURAS CON FIDEOS GARBANZOS SALTEADOS CON CEBOLLA FRUTA FRESCA PAN BLANCO	PISTO MANCHEGO CON HUEVO HAMBURGUESA VEGETAL AL HORNO O A LA PLANCHA FRUTA FRESCA PAN BLANCO	ENSALADA DE ARROZ CON LECHUGA Y MAIZ GUISANTES SALTEADOS FRUTA FRESCA PAN BLANCO	CREMA DE PREPARADO DE VERDURAS VERDURAS AL WOK FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PASTA CON VERDURAS SALTEADO CAMPESTRE FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS CRUDITE CON VERDURAS FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA DE PASTA CREMA DE VERDURAS SALTEADO CAMPESTRE FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR SALTEADO DE VERDURAS PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAPRESSE CROQUETAS DE ESPINACAS PANACHÉ DE VERDURAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA QUESO FRESCO CON TOMATE Y ALBAHACA SANDWICH VEGETAL PIMIENTOS FRITOS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA PASTA SALTEADA PANINI VEGETAL ARROZ PILAF FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE YORK HAMBURGUESA VEGETAL PATATAS GAJO FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA COLESLAW TACOS DE VERDURAS CALABACIN REBOZADO FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 15 AL 21 DE SEPTIEMBRE

LUNES 15	MARTES 16	MIÉRCOLES 17	JUEVES 18	VIERNES 19	SABADO 20	DOMINGO 21
COMIDA						
ENSALADA DE LECHUGA, TOMATE, MAIZ, ZANAHORIA Y ACEITUNAS LASAÑA DE VERDURAS CON BECHAMEL FRUTA FRESCA PAN BLANCO	ARROZ CON SALSA DE TOMATE WOK DE VERDURAS FRUTA FRESCA PAN BLANCO	GUISANTES SALTEADOS CON CEBOLLA LENTEJAS CON PATATA FRUTA FRESCA PAN BLANCO	CREMA DE PREPARADO DE VERDURAS CROQUETAS DE ESPINACAS FRUTA FRESCA PAN BLANCO	SOPA CASERA DE VERDURAS CON ESTRELLAS GARBANZOS CON VERDURAS FRUTA FRESCA PAN BLANCO	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA BERENJENAS CON VERDURAS PASTA AL WOK FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS CON VERDURAS SALTEADO CAMPESTRE FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA DE QUINOA SANDWICH VEGETAL PATATAS PANADERAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA SANTURCE CREMA DE VERDURAS BERENJENAS REBOZADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE LECHUGA CON APIO, MANZANA Y NUECES QUESADILLA VEGETAL CHAMPIÑONES SALTEADOS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ TACO DE VERDURAS PATATAS DADO AL AJILLO FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA VERDURAS SALTEADAS ARROZ SALTEADO THAY FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE PASTA TRICOLOR PANINI VEGETAL NACHOS CON GUACAMOLE FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA BOCADILLO VEGETAL PATATAS GAJO FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 22 AL 28 DE SEPTIEMBRE

LUNES 22	MARTES 23	MIÉRCOLES 24	JUEVES 25	VIERNES 26	SABADO 27	DOMINGO 28
COMIDA						
MACARRONES CON SALSA DE TOMATE TROZOS Y OREGANO VERDURAS SALTEADAS FRUTA FRESCA PAN BLANCO	ESPINACAS SALTEADAS CON CEBOLLA ALUBIAS PINTAS CON PATATAS FRUTA FRESCA PAN BLANCO	ARROZ CON PREPARADO DE VERDURAS HAMBURGUESA VEGETAL AL HORNO O A LA PLANCHA FRUTA FRESCA PAN BLANCO	CREMA DE CALABACIN CON AROMA DE HINOJO GARBANZOS SALTEADOS CON VERDURAS FRUTA FRESCA PAN BLANCO	DIA DE MEXICO 	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA PATATAS CON VERDURAS CRUDITÉ DE VERDURS FRUTA VARIADA	BRUNCH PANES VARIADOS ACEITE Y TOMATE CEREALES BOLLERÍA HORNEADA BUFFET DE ENSALADA ARROZ CON VERDURAS MENESTRA SALTEADA FRUTA VARIADA
CENA						
BUFFET DE ENSALADA ENSALADA TROPICAL PANIN VEGETAL COUS COUS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CAMPERA WOK DE VERDURAS PATATAS ASADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA CESAR MENESTRA SALTEADA ZANAHORIA BABY FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA ROLLITOS VEGETALES VERDURAS SALTEADAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA DE ARROZ CON LECHUGA Y MAIZ SANDWICH VEGETAL PATATAS FRITAS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA MIXTA TACO DE VERDURAS PIMIENTOS FRITOS FRUTA FRESCA PAN BLANCO/INTEGRAL	BUFFET DE ENSALADA ENSALADA ALEMANA DE PATATA HAMBURGUESA VEGETAL PATATAS FRITAS TEX MEX FRUTA FRESCA PAN BLANCO/INTEGRAL

MENÚ YAGO SCHOOL - VEGANO

SEMANA DEL 29 AL 30 DE SEPTIEMBRE

LUNES 29

MARTES 30

BROCOLI CON PATATA
SALTEADO Y HUEVO
DURO
ESPAGUETIS AL PESTO
DE ESPINACAS Y
TOMATE SECO
FRUTA FRESCA
PAN BLANCO

ESPINACAS CON
BECHAMEL GRATINADAS
CON QUESO
ALUBIAS BLANCAS
ESTOFADAS
FRUTA FRESCA
PAN BLANCO

COMIDA

BUFFET DE ENSALADA
ENSALADA CAMPESINA
SANDWICH VEGETAL
PATATAS DADO
FRUTA FRESCA
PAN BLANCO/INTEGRAL

BUFFET DE ENSALADA
ENSALADILLA RUSA
WOK DE VERDURAS
PURÉ DE MANZANA
FRUTA FRESCA
PAN BLANCO/INTEGRAL

CENA

SUNDAY 7

COMIDA

BRUNCH

ASSORTED BREADS
OIL AND TOMATO
CEREALS
BAKED PASTRY
SALAD BUFFET
POTATOES WITH
VEGETABLES
SAUTEED VEGETABLE
STEW
ASSORTED FRUIT

CENA

SALAD BAR
MIXED SALAD
VEGETABLE PIZZA
ONION RINGS
FRESH FRUIT
WHITE/WHOLE WHEAT
BREAD

MENÚ YAGO SCHOOL - VEGAN

WEEK 8 TO 14

MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13	SUNDAY 14
			COMIDA			
PASTA SALAD SAUTEED VEGETABLE STEW FRESH FRUIT WHITE BREAD	HOMEMADE VEGETABLE SOUP WITH NOODLES SAUTEED CHICKPEAS WITH ONION FRESH FRUIT WHITE BREAD	PISTO MANCHEGO WITH EGG BAKED OR GRILLED VEGETABLE BURGER FRESH FRUIT WHITE BREAD	RICE SALAD WITH LETTUCE AND CORN SAUTEED PEAS FRESH FRUIT WHITE BREAD	CREAM OF VEGETABLE PREPARATION WOK VEGETABLES FRESH FRUIT WHITE BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED PASTRY SALAD BAR PASTA WITH VEGETABLES COUNTRY STYLE SAUTEED FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED PASTRY SALAD BAR RICE WITH VEGETABLES CRUDITES WITH VEGETABLES FRESH FRUIT
			CENA			
SALAD BAR PASTA SALAD CREAM OF VEGETABLES COUNTRY-STYLE SAUTEED FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR CAESAR SALAD SAUTEED VEGETABLES FRENCH FRIES FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR CAPRESE SALAD SPINACH CROQUETTES PANACHE OF VEGETABLES FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR FRESH CHEESE WITH TOMATO AND BASIL VEGETABLE SANDWICH FRIED PEPPERS FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR SAUTEED PASTA VEGETABLE PANINI RICE PILAF FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR YORK HAM SALAD VEGETABLE BURGER FRIED POTATO WEDGES FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR COLESLAW SALAD VEGETABLE TACOS BATTERED ZUCCHINI FRESH FRUIT WHITE/WHOLE WHEAT BREAD

MENÚ YAGO SCHOOL - VEGAN

WEEK 15 TO 21

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19	SATURDAY 20	SUNDAY 21
			COMIDA			
LETTUCE, TOMATO, CORN, CARROT, AND OLIVE SALAD VEGETABLE LASAGNA WITH BECHAMEL FRESH FRUIT WHITE BREAD	RICE WITH TOMATO SAUCE VEGETABLE WOK FRESH FRUIT WHITE BREAD	SAUTEED PEAS WITH ONION LENTILS WITH POTATO FRESH FRUIT WHITE BREAD	CREAM OF VEGETABLE PREPARATION SPINACH CROQUETTES FRESH FRUIT WHITE BREAD	HOMEMADE VEGETABLE SOUP WITH STARS CHICKPEAS WITH VEGETABLES FRESH FRUIT WHITE BREAD	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED PASTRY SALAD BAR EGGPLANT WITH VEGETABLES WOK PASTA TENDERLOIN IN SAUCE FRESH FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED PASTRY SALAD BAR POTATOES WITH VEGETABLES COUNTRY-STYLE SAUTEED GRILLED CHICKEN FRESH FRUIT
			CENA			
SALAD BAR QUINOA SALAD VEGETABLE SANDWICH POTATOES BAKER'S STYLE FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR SANTURCE SALAD CREAM OF VEGETABLES BATTERED EGGPLANT FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR LETTUCE SALAD WITH CELERY, APPLE, AND WALNUTS VEGETABLE QUESADILLA SAUTEED MUSHROOMS FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR RICE SALAD VEGETABLE TACO DICED POTATOES WITH GARLIC SAUCE FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR GERMAN POTATO SALAD SAUTEED VEGETABLES THAI SAUTEED RICE FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR TRICOLOR PASTA SALAD VEGETABLE PANINI NACHOS WITH GUACAMOLE FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR COUNTRY SALAD VEGETABLE SANDWICH FRIED POTATO WEDGES FRESH FRUIT WHITE/WHOLE WHEAT BREAD

MENÚ YAGO SCHOOL - VEGAN

WEEK 22 TO 28

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27	SUNDAY 28
			COMIDA			
MACARONI WITH CHOPPED TOMATO AND OREGANO SAUCE SAUTÉED VEGETABLES FRESH FRUIT WHITE BREAD	SAUTÉED SPINACH WITH ONION PINTO BEANS WITH POTATOES FRESH FRUIT WHITE BREAD	RICE WITH VEGETABLE PREPARATION BAKED OR GRILLED VEGETABLE BURGER FRESH FRUIT WHITE BREAD	ZUCCHINI CREAM WITH FENNEL AROMA SAUTÉED CHICKPEAS WITH VEGETABLES FRESH FRUIT WHITE BREAD	MEXICAN DAY 	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED PASTRIES SALAD BUFFET POTATOES WITH VEGETABLES VEGETABLE CRUDITÉS ASSORTED FRUIT	BRUNCH ASSORTED BREADS OIL AND TOMATO CEREALS BAKED PASTRIES SALAD BUFFET RICE WITH VEGETABLES SAUTÉED VEGETABLE STEW ASSORTED FRUIT
			CENA			
SALAD BAR TROPICAL SALAD VEGETABLE PANINI COUSCOUS FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR COUNTRY SALAD VEGETABLE WOK ROASTED POTATOES FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR CAESAR SALAD SAUTÉED VEGETABLE STEW BABY CARROTS FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR MIXED SALAD VEGETABLE ROLLS SAUTÉED VEGETABLES FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR RICE SALAD WITH LETTUCE AND CORN VEGETABLE SANDWICH FRENCH FRIES FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR MIXED SALAD VEGETABLE TACO FRIED PEPPERS FRESH FRUIT WHITE/WHOLE WHEAT BREAD	SALAD BAR GERMAN POTATO SALAD VEGETABLE BURGER TEX MEX FRENCH FRIES FRESH FRUIT WHITE/WHOLE WHEAT BREAD

MONDAY 29

TUESDAY 30

COMIDA

STIR-FRIED BROCCOLI
WITH POTATOES AND
HARD-BOILED EGG
SPAGHETTI WITH
SPINACH PESTO AND
SUN-DRIED TOMATOES
FRESH FRUIT
WHITE BREAD

SPINACH WITH
BÉCHAMEL SAUCE AND
GRATIN CHEESE

STEWED WHITE BEANS
FRESH FRUIT
WHITE BREAD

CENA

SALAD BAR
COUNTRY SALAD
VEGETABLE SANDWICH
DICED POTATOES
FRESH FRUIT
WHITE/WHOLE WHEAT
BREAD

SALAD BAR
RUSSIAN SALAD
VEGETABLE WOK
APPLE PUREE
FRESH FRUIT
WHITE/WHOLE WHEAT
BREAD