



MENÚ

JUNIO 2025

YAGO SCHOOL

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

02

CODITOS BOLOÑESA
CROQUETAS DE BACALAO
COLIFLOR SALTEADA
YOGUR
PAN INTEGRAL

781,07 Kcal 27,47 Prot. 26,34 Lip. 104,33 HC

03

GAZPACHO
POLLO AL CURRY
ENSALADA MIXTA
FRUTA FRESCA
PAN BLANCO

555,11 Kcal 29,31 Prot. 25,26 Lip. 49,72 HC

04

ESPINACAS CON BECHAMEL GRATINADAS
LOMO EN SALSA
PATATAS ASADAS
FRUTA FRESCA
PAN BLANCO

676,79 Kcal 37,13 Prot. 24,03 Lip. 67,95 HC

05

ARROZ MAR Y MONTAÑA
LOMO DE MERLUZA AL HORNO
TOMATE ALIÑADO
YOGUR NATURAL CON TOPPING
PAN BLANCO

558,95 Kcal 27,71 Prot. 14,76 Lip. 77,27 HC

06

ENSALADA DE GARBANZOS
REVUELTO DE ESPARRAGOS
ZANAHORIAS BABY SALTEADAS
FRUTA FRESCA
PAN BLANCO

554,47 Kcal 23,98 Prot. 22,49 Lip. 57,85 HC

09

ESPIRALES CON NATA Y CHORIZO
GALLO CON SALSA DE PIQUILLO
ENSALADA DE COL
YOGUR
PAN INTEGRAL

724,45 Kcal 30,93 Prot. 27,26 Lip. 84,09 HC

10

SALMOREJO
POLLO EN SALSA BARBACOA
CALABAZA ASADA
FRUTA FRESCA
PAN BLANCO

561,92 Kcal 29,5 Prot. 20,81 Lip. 60,92 HC

11

ARROZ CON TOMATE
CINTA DE LOMO CON CHUTNEY DE
MANZANA Y CEBOLLA
CALABACIN ASADO
FRUTA FRESCA
PAN BLANCO

656,13 Kcal 29,72 Prot. 17,69 Lip. 90,68 HC

12

PATATAS A LA MARINERA
FOGONERO CON SALSA MEDITERRÁNEA
ENSALADA DE TOMATE
FRUTA FRESCA
PAN BLANCO

533,4 Kcal 23,24 Prot. 14,56 Lip. 71,18 HC

13

LENTEJAS CAMPERAS
TORTILLA DE CALABACIN
ARROZ SALTEADO
FRUTA FRESCA
PAN BLANCO

804,04 Kcal 23,37 Prot. 31,09 Lip. 100,8 HC

16

CODITOS CARBONARA
SALMON AL ENELDO
ENSALADA DE MAIZ Y REMOLACHA
FRUTA FRESCA
PAN INTEGRAL

701,35 Kcal 30,97 Prot. 25,19 Lip. 82,71 HC

17

GAZPACHO
CORDON BLEU DE PAVO
PATATAS PANADERAS
YOGUR NATURAL CON TOPPING
PAN BLANCO

801,62 Kcal 38,89 Prot. 40,6 Lip. 67,25 HC

18

PISTO MANCHEGO CON HUEVO
POLLO ASADO EN SALSA DE PASAS
ENSALADA VARIADA
FRUTA FRESCA
PAN BLANCO

537,03 Kcal 33,96 Prot. 23,84 Lip. 43,87 HC

19

ARROZ 3 DELICIAS
BACALAO AL GRATEN CON ALIO OLI Y FLORES
DE MAIZ
GUISANTES SALTEADOS
FRUTA FRESCA
PAN BLANCO

721,02 Kcal 34,28 Prot. 19,69 Lip. 97,52 HC

20

FUN FAIR



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JUNE 2025

YAGO SCHOOL

LUNES

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02

PASTA BOLOGNESE
COD CROQUETTES
SAUTÉED CAULIFLOWER
YOGHURT
WHOLEMALE BREAD

781,07 Kcal 27,47 Prot. 26,34 Lip. 104,33 HC

03

GAZPACHO
CURRIED CHICKEN
MIXED SALAD
FRESH FRUIT
FRESH BREAD

555,11 Kcal 29,31 Prot. 25,26 Lip. 49,72 HC

04

SPINACH GRATIN WITH BECHAMEL SAUCE
PORK TENDERLOIN IN SAUCE
ROAST POTATOES
FRESH FRUIT
FRESH BREAD

676,79 Kcal 37,13 Prot. 24,03 Lip. 67,95 HC

05

SEA AND MOUNTAIN' RICE
OVEN-BAKED HAKE LOIN
DRESSED TOMATO
NATURAL YOGHURT WITH TOPPING
FRESH BREAD

558,95 Kcal 27,71 Prot. 14,76 Lip. 77,27 HC

06

CHICKPEAS SALAD
SCRAMBLED EGGS WITH ASPARAGUS
SAUTÉED BABY CARROTS
FRESH FRUIT
FRESH BREAD

554,47 Kcal 23,98 Prot. 22,49 Lip. 57,85 HC

09

FUSILLI WITH CREAM AND CHORIZO
JOHN DORY WITH PIQUILLO PEPPER SAUCE
COLESLAW
YOGHURT
WHOLEMALE BREAD

724,45 Kcal 30,93 Prot. 27,26 Lip. 84,09 HC

10

SALMOREJO
CHICKEN IN BBQ SAUCE
ROASTED PUMPKIN
FRESH FRUIT
FRESH BREAD

561,92 Kcal 29,5 Prot. 20,81 Lip. 60,92 HC

11

RICE WITH TOMATO
PORK LOIN WITH APPLE AND ONION
CHUTNEY
ROASTED COURGETTE
FRESH FRUIT
FRESH BREAD

656,13 Kcal 29,72 Prot. 17,69 Lip. 90,68 HC

12

POTATOES MARINARA
POLLOCK WITH MEDITERRANEAN SAUCE
TOMATO SALAD
FRESH FRUIT
FRESH BREAD

533,4 Kcal 23,24 Prot. 14,56 Lip. 71,18 HC

13

COUNTRY-STYLE LENTILS
COURGETTE OMELETTE
SAUTÉED RICE
FRESH FRUIT
FRESH BREAD

804,04 Kcal 23,37 Prot. 31,09 Lip. 100,8 HC

16

PASTA CARBONARA
SALMON WITH DILL
SWEETCORN AND BEETROOT SALAD
FRESH FRUIT
WHOLEMALE BREAD

701,35 Kcal 30,97 Prot. 25,19 Lip. 82,71 HC

17

POULTRY SOUP WITH NOODLES AND
CHICKPEAS
TURKEY CORDON BLEU
SAUTÉED POTATO SLICES
NATURAL YOGHURT WITH TOPPING
FRESH BREAD

801,62 Kcal 38,89 Prot. 40,6 Lip. 67,25 HC

18

LA MANCHA-STYLE RATATOUILLE WITH
EGG
ROAST CHICKEN IN RAISIN SAUCE
MIXED SALAD
FRESH FRUIT
FRESH BREAD

537,03 Kcal 33,96 Prot. 23,84 Lip. 43,87 HC

19

SPECIAL FRIED RICE
COD AU GRATIN WITH AIOLI AND MAIZE
FLOWERS
SAUTÉED PEAS
FRESH FRUIT
FRESH BREAD

721,02 Kcal 34,28 Prot. 19,69 Lip. 97,52 HC

20

FUN FAIR