



MENÚ

MAYO 2025

YAGO SCHOOL NURSERY

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
			01	02
			FESTIVO	SOPA DE ESTRELLITAS POLLO AL HORNO ENSALADA DE JUDIAS VERDES, ZANAHORIA Y MAIZ FRUTA FRESCA PAN BLANCO 539,38 Kcal 29,04 Prot. 16,84 Lip. 64,37 HC
05	06	07	08	09
MACARRONES NAPOLITANA TORTILLA DE CALABACIN PANACHE DE VERDURAS YOGUR PAN INTEGRAL 704,98 Kcal 23,7 Prot. 22,15 Lip. 97,38 HC	GAZPACHO LOMO EN SALSA ENSALADA VARIADA FRUTA FRESCA PAN BLANCO 551,5 Kcal 26,51 Prot. 25,57 Lip. 49,34 HC	FESTIVO	NO LECTIVO	NO LECTIVO
12	13	14	15	16
CODITOS CON TOMATE MERLUZA AL HORNO SALTEADO DE VERDURAS FRUTA FRESCA PAN INTEGRAL 528,9 Kcal 23,51 Prot. 11,8 Lip. 77,91 HC	LENTEJAS ESTOFADAS LOMO AL HORNO ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA FRUTA FRESCA PAN BLANCO 624,61 Kcal 35,96 Prot. 18,92 Lip. 70,9 HC	ARROZ CON TOMATE POLLO EN SALSA TOMATE ALIÑADO FRUTA FRESCA PAN BLANCO 645,67 Kcal 28,84 Prot. 19,85 Lip. 85,41 HC	SALMOREJO TORTILLA FRANCESA BERENJENA REHOGADA FRUTA FRESCA PAN BLANCO 466,67 Kcal 19,25 Prot. 15,36 Lip. 63,8 HC	CREMA DE VERDURAS PAVO EN SALSA CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL YOGUR PAN BLANCO 613,81 Kcal 44,22 Prot. 17,17 Lip. 68,03 HC
19	20	21	22	23
CODITOS CON TOMATE SALMON AL HORNO PANACHÉ DE VERDURAS FRUTA FRESCA PAN INTEGRAL 647,07 Kcal 27,02 Prot. 19,77 Lip. 85,6 HC	GAZPACHO POLLO AL HORNO CALABAZA ASADA YOGUR NATURAL CON TOPPING PAN BLANCO 549,18 Kcal 29,38 Prot. 28,42 Lip. 41,81 HC	ALUBIAS ESTOFADAS PAVO EN SALSA ENSALADA MIXTA FRUTA FRESCA PAN BLANCO 631,65 Kcal 34,84 Prot. 21,53 Lip. 67,3 HC	PAELLA LOMO DE MERLUZA EN SALSA AMERICANA CALABACIN ASADO FRUTA FRESCA PAN BLANCO 578 Kcal 26,63 Prot. 11,69 Lip. 88,17 HC	VICHYSOISE DE PUERRO Y MANZANA REVUELTO DE PATATAS CON JAMÓN YORK CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL YOGUR PAN BLANCO 640,99 Kcal 30,68 Prot. 24,81 Lip. 70,2 HC
26	27	28	29	30
MACARRONES CON TOMATE MERLUZA AL HORNO JUDÍAS VERDES SALTEADAS CON AJITO FRUTA FRESCA PAN INTEGRAL 525,58 Kcal 22,96 Prot. 11,62 Lip. 77,18 HC	LENTEJAS ESTOFADAS POLLO AL HORNO ENSALADA DE MAIZ CON ACEITUNAS FRUTA FRESCA PAN INTEGRAL 635,91 Kcal 37,11 Prot. 22,06 Lip. 67,22 HC	SALMOREJO CARRILLADA EN SALSA PATATAS AL HORNO YOGUR PAN BLANCO 667,4 Kcal 33,22 Prot. 22,51 Lip. 79,34 HC	ARROZ MARINERO GALLO EN SALSA DE TOMATE SALTEADO DE VERDURAS FRUTA FRESCA PAN BLANCO 598,08 Kcal 28,6 Prot. 12,53 Lip. 88,56 HC	CREMA DE VERDURAS REVUELTO DE JAMON YORK ZANAHORIAS BABY SALTEADAS FRUTA FRESCA PAN BLANCO 558,53 Kcal 24,78 Prot. 21,53 Lip. 64,2 HC



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			01	02
			SCHOOL HOLIDAY	SOUP WITH PASTA STARS ROAST CHICKEN GREEN BEAN, CARROT AND CORN SALAD FRESH FRUIT FRESH BREAD 539,38 Kcal 29,04 Prot. 16,84 Lip. 64,37 HC
05	06	07	08	09
NEAPOLITAN PASTA COURGETTE OMELETTE MIXED VEGETABLES YOGHURT WHOLEMALE BREAD 704,98 Kcal 23,7 Prot. 22,15 Lip. 97,38 HC	GAZPACHO PORK LOIN IN SAUCE MIXED SALAD FRESH FRUIT FRESH BREAD 551,5 Kcal 26,51 Prot. 25,57 Lip. 49,34 HC	SCHOOL HOLIDAY	NO SCHOOL DAY	NO SCHOOL DAY
12	13	14	15	16
PASTA IN TOMATO SAUCE BAKED HAKE SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD 528,9 Kcal 23,51 Prot. 11,8 Lip. 77,91 HC	LENTILS BAKED PORK LOIN LETTUCE, CORN AND CARROT SALAD FRESH FRUIT FRESH BREAD 624,61 Kcal 35,96 Prot. 18,92 Lip. 70,9 HC	RICE WITH TOMATO CHICKEN IN SAUCE TOMATO SALAD FRESH FRUIT FRESH BREAD 645,67 Kcal 28,84 Prot. 19,85 Lip. 85,41 HC	SALMOREJO FRENCH OMELETTE SAUTEED EGGPLANT FRESH FRUIT FRESH BREAD 466,67 Kcal 19,25 Prot. 15,36 Lip. 63,8 HC	CREAM OF VEGETABLES SOUP TURKEY IN SAUCE SAUTEED MUSHROOMS YOGHURT FRESH BREAD 613,81 Kcal 44,22 Prot. 17,17 Lip. 68,03 HC
19	20	21	22	23
PASTA IN TOMATO SAUCE BAKED SALMON ASSORTED VEGETABLES FRESH FRUIT WHOLEMALE BREAD 647,07 Kcal 27,02 Prot. 19,77 Lip. 85,6 HC	GAZPACHO BAKED CHICKEN ROASTED PUMPKIN NATURAL YOGHURT WITH TOPPING FRESH BREAD 549,18 Kcal 29,38 Prot. 28,42 Lip. 41,81 HC	STEWED BEANS TURKEY IN SAUCE MIXED SALAD FRESH FRUIT FRESH BREAD 631,65 Kcal 34,84 Prot. 21,53 Lip. 67,3 HC	PAELLA HAKE LIN IN AMERICAN SAUCE SAUTEED COURGETTE FRESH FRUIT FRESH BREAD 578 Kcal 26,63 Prot. 11,69 Lip. 88,17 HC	CREAM OF LEEKS AND APPLE SCRAMBLED EGGS WITH POTATO AND YORK SAUTÉED MUSHROOMS WITH GARLIC AND PARSLEY YOGHURT FRESH BREAD 640,99 Kcal 30,68 Prot. 24,81 Lip. 70,2 HC
26	27	28	29	30
PASTA IN TOMATO SAUCE BAKED HAKE SAUTÉED GREEN BEANS WITH GARLIC FRESH FRUIT WHOLEMALE BREAD 525,58 Kcal 22,96 Prot. 11,62 Lip. 77,18 HC	STEWED LENTILS BAKED CHICKEN CORN AND OLIVE SALAD FRESH FRUIT FRESH BREAD 635,91 Kcal 37,11 Prot. 22,06 Lip. 67,22 HC	SALMOREJO PORK CHEEK IN SAUCE ROAST POTATOES YOGHURT FRESH BREAD 667,4 Kcal 33,22 Prot. 22,51 Lip. 79,34 HC	SEAFOOD RICE FISH IN TOMATO SAUCE SAUTÉED VEGETABLES FRESH FRUIT FRESH BREAD 598,08 Kcal 28,6 Prot. 12,53 Lip. 88,56 HC	CREAM OF VEGETABLES SOUP SCRAMBLED EGGS WITH YORK SAUTEED BABY CARROTS FRESH FRUIT FRESH BREAD 558,53 Kcal 24,78 Prot. 21,53 Lip. 64,2 HC