



MENÚ

MAYO 2025

YAGO SCHOOL

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

			01	02
			FESTIVO	SOPA DE ESTRELLITAS POLLO AL HORNO ENSALADA DE JUDIAS VERDES, ZANAHORIA Y MAIZ FRUTA FRESCA PAN BLANCO 539,38 Kcal 29,04 Prot. 16,84 Lip. 64,37 HC
05	06	07	08	09
CANELONES DE CARNE REVUELTO DE BACON PANACHE DE VERDURAS YOGUR PAN INTEGRAL 814,92 Kcal 37,12 Prot. 45 Lip. 62,37 HC	GAZPACHO SALCHICHAS CON PIMIENTOS ENSALADA VARIADA FRUTA FRESCA PAN BLANCO 613,12 Kcal 19,5 Prot. 35,44 Lip. 50,96 HC	FESTIVO	NO LECTIVO	NO LECTIVO
12	13	14	15	16
WOK DE PASTA CON VERDURAS Y BACON EMPANADILLAS DE ATUN SALTEADO DE VERDURAS FRUTA FRESCA PAN INTEGRAL 783,21 Kcal 23,66 Prot. 23,99 Lip. 113 HC	ESPINACAS GRATINADAS CON BECHAMEL HAMBURGUESA CON QUESO ENSALADA DE LECHUGA, MAIZ Y ZANAHORIA FRUTA FRESCA PAN BLANCO 720,98 Kcal 31,76 Prot. 31,52 Lip. 51,03 HC	ARROZ CON TOMATE POLLO EN SALSA TOMATE ALIÑADO FRUTA FRESCA PAN BLANCO 645,67 Kcal 28,84 Prot. 19,85 Lip. 85,41 HC	SALMOREJO TORTILLA FRANCESA BERENJENA REBOZADA FRUTA FRESCA PAN BLANCO 640,63 Kcal 21,02 Prot. 28,15 Lip. 76,5 HC	HABAS BABY SALTEADAS PAVO EN SALSA DE CIRUELAS CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL YOGUR PAN BLANCO 619,11 Kcal 49,25 Prot. 17,9 Lip. 60,58 HC
19	20	21	22	23
CODITOS CARBONARA SALMÓN CON SALSA DE SOJA PANACHÉ DE VERDURAS FRUTA FRESCA PAN INTEGRAL 698,02 Kcal 30,76 Prot. 23,55 Lip. 86 HC	GAZPACHO ALBONDIGAS EN SALSA ESPAÑOLA CALABAZA ASADA YOGUR NATURAL CON TOPPING PAN BLANCO 591,17 Kcal 28,39 Prot. 28,47 Lip. 51,84 HC	ALUBIAS ALIÑADAS PAVO EN SALSA ENSALADA MIXTA FRUTA FRESCA PAN BLANCO 531,08 Kcal 30,43 Prot. 20,87 Lip. 51,61 HC	PAELLA LOMO DE MERLUZA EN SALSA AMERICANA CALABACÍN REBOZADO FRUTA FRESCA PAN BLANCO 690,25 Kcal 27,62 Prot. 20,48 Lip. 95,25 HC	VICHYSOISE DE PUERRO Y MANZANA REVUELTO DE PATATAS CON JAMÓN SERRANO CHAMPIÑONES SALTEADOS CON AJO Y PEREJIL YOGUR PAN BLANCO 684,79 Kcal 36,68 Prot. 27,51 Lip. 68,1 HC
26	27	28	29	30
MACARRONES CON TOMATE FOGONERO CON VINAGRETA BLANCA JUDÍAS VERDES SALTEADAS CON AJITO FRUTA FRESCA PAN INTEGRAL 555,81 Kcal 25,79 Prot. 12,11 Lip. 79,71 HC	ENSALADA DE GARBANZOS POLLO A LA PLANCHA CON LIMON ENSALADA DE MAIZ CON ACEITUNAS FRUTA FRESCA PAN BLANCO 576,27 Kcal 33,18 Prot. 23,89 Lip. 52,98 HC	SALMOREJO ESTOFADO DE TERNERA PATATAS AL HORNO YOGUR PAN BLANCO 759,13 Kcal 30,86 Prot. 34,28 Lip. 78,28 HC	ARROZ MARINERO CABALLA EN SALSA CON TOMATE SALTEADO DE VERDURAS FRUTA FRESCA PAN BLANCO 690,52 Kcal 30,47 Prot. 20,37 Lip. 90,88 HC	ENSALADA DE COL, MANZANA Y POLLO HUEVOS AL PLATO ZANAHORIAS BABY SALTEADAS FRUTA FRESCA PAN BLANCO 719,91 Kcal 25,01 Prot. 45,97 Lip. 47,34 HC



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			SCHOOL HOLIDAY	SOUP WITH PASTA STARS ROAST CHICKEN GREEN BEAN, CARROT AND CORN SALAD FRESH FRUIT FRESH BREAD 539,38 Kcal 29,04 Prot. 16,84 Lip. 64,37 HC
05	06	07	08	09
MEAT CANNELONI SCRAMBLED EGGS WITH BACON MIXED VEGETABLES YOGHURT WHOLEMALE BREAD 814,92 Kcal 37,12 Prot. 45 Lip. 62,37 HC	GAZPACHO SAUSAGES WITH PEPPERS MIXED SALAD FRESH FRUIT FRESH BREAD 613,12 Kcal 19,5 Prot. 35,44 Lip. 50,96 HC	SCHOOL HOLIDAY	NO SCHOOL DAY	NO SCHOOL DAY
12	13	14	15	16
STIR-FRIED PASTA WITH VEGETABLES AND BACON TUNA PASTIES SAUTÉED VEGETABLES FRESH FRUIT WHOLEMALE BREAD 783,21 Kcal 23,66 Prot. 23,99 Lip. 113 HC	SPINACH GRATIN WITH BECHAMEL SAUCE CHEESEBURGER LETTUCE, CORN AND CARROT SALAD FRESH FRUIT FRESH BREAD 720,98 Kcal 31,76 Prot. 31,52 Lip. 51,03 HC	RICE WITH TOMATO CHICKEN IN SAUCE TOMATO SALAD FRESH FRUIT FRESH BREAD 645,67 Kcal 28,84 Prot. 19,85 Lip. 85,41 HC	SALMOREJO FRENCH OMELETTE BREADED EGGPLANT FRESH FRUIT FRESH BREAD 640,63 Kcal 21,02 Prot. 28,15 Lip. 76,5 HC	SAUTÉED BABY BROAD BEANS TURKEY IN PLUM SAUCE SAUTEED MUSHROOMS YOGHURT FRESH BREAD 619,11 Kcal 49,25 Prot. 17,9 Lip. 60,58 HC
19	20	21	22	23
ELBOW MACARONI CARBONARA SALMON WITH SOY SAUCE ASSORTED VEGETABLES FRESH FRUIT WHOLEMALE BREAD 698,02 Kcal 30,76 Prot. 23,55 Lip. 86 HC	GAZPACHO MEATBALLS IN SPANISH SAUCE ROASTED PUMPKIN NATURAL YOGHURT WITH TOPPING FRESH BREAD 591,17 Kcal 28,39 Prot. 28,47 Lip. 51,84 HC	BEANS SALAD TURKEY IN SAUCE MIXED SALAD FRESH FRUIT FRESH BREAD 531,08 Kcal 30,43 Prot. 20,87 Lip. 51,61 HC	PAELLA HAKE LIN IN AMERICAN SAUCE BATTERED COURGETTE FRESH FRUIT FRESH BREAD 690,25 Kcal 27,62 Prot. 20,48 Lip. 95,25 HC	CREAM OF LEEKS AND APPLE SCRAMBLED EGGS WITH POTATO AND SERRANO HAM SAUTÉED MUSHROOMS WITH GARLIC AND PARSLEY YOGHURT FRESH BREAD 684,79 Kcal 36,68 Prot. 27,51 Lip. 68,1 HC
26	27	28	29	30
MACARONI WITH TOMATO POLLOCK WITH WHITE VINAIGRETTE SAUTÉED GREEN BEANS WITH GARLIC FRESH FRUIT WHOLEMALE BREAD 555,81 Kcal 25,79 Prot. 12,11 Lip. 79,71 HC	CHICKPEAS SALAD GRILLED CHICKEN WITH LEMON CORN AND OLIVE SALAD FRESH FRUIT FRESH BREAD 576,27 Kcal 33,18 Prot. 23,89 Lip. 52,98 HC	SALMOREJO VEAL STEW ROAST POTATOES YOGHURT FRESH BREAD 759,13 Kcal 30,86 Prot. 34,28 Lip. 78,28 HC	SEAFOOD RICE MACKEREL IN TOMATO SAUCE SAUTÉED VEGETABLES FRESH FRUIT FRESH BREAD 690,52 Kcal 30,47 Prot. 20,37 Lip. 90,88 HC	COLESLAW, APPLE AND CHICKEN SALAD SHIRRED EGGS SAUTEED BABY CARROTS FRESH FRUIT FRESH BREAD 719,91 Kcal 25,01 Prot. 45,97 Lip. 47,34 HC